

Every step
Matters



wonderful
indonesia



W.I.S.E TRIP

Wonderful Indonesia Sustainable Experience

W.I.S.E (Wonderful Indonesia Sustainable Experience) Trip

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W.I.S.E TRIP

WONDERFUL INDONESIA SUSTAINABLE EXPERIENCE



Discover WISE Trip: Wonderful Indonesia Sustainable Experience

Explore 25 thoughtfully curated travel packages focused on sustainable and responsible travel in Indonesia. Our itineraries ensure eco-friendly accommodations and community-based activities that positively impact both the environment and local communities. From village tours to conservation projects, every element is carefully selected to preserve nature and culture while offering meaningful experiences.

What's In WISE ?

These 25 trip packages not only offer unforgettable experiences but also empower you to take your first steps as an eco-traveler. With built-in tools to measure and track your carbon emissions, you'll gain valuable insights into your environmental impact, helping you make more sustainable choices throughout your journey. It's a meaningful way to enjoy your travels while being mindful of the planet.

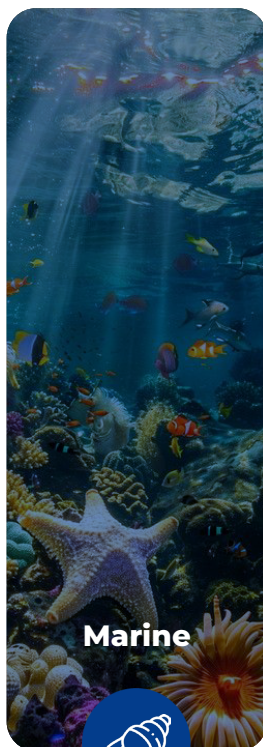
These packages are thoughtfully designed around five categories: adventure and ecotourism, heritage, marine, gastronomy, and wellness. Each offers a unique way to explore and enjoy, allowing you to align your travels with your personal passions. By selecting your favorite category, you can embrace the role of an eco-traveler, ensuring your journey is as sustainable as it is memorable.



Adventure & Ecotourism



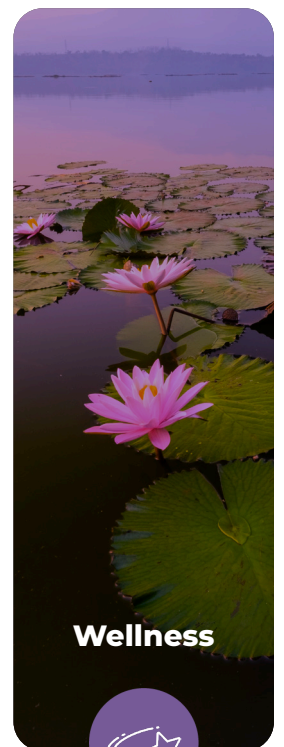
Heritage



Marine



Gastronomy



Wellness



OUR PARTNERS

WISE TRIP is collaborating with ten renowned travel agents and two leading carbon management companies. By partnering with these experts, we are committed to offering eco-conscious adventures that minimize environmental impact and contribute to carbon offset initiatives.

Travel Agents

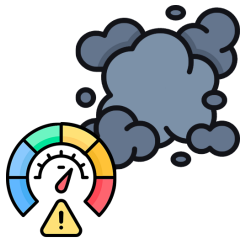


Indonesian Carbon Management Platform



Jejakin is a climate-tech provider that helps businesses understand their carbon footprint and navigate their decarbonization journey. Certified under ISO 14064 for GHG calculations and as a B Corp, Jejakin adheres to global standards, ensuring credibility in carbon accounting. The company uses AI-powered platforms and IoT sensors to plan, monitor, measure, and report on the impact of nature-based activities chosen by businesses.

CarbonEthics provides carbon consultancy services to assess, monitor, calculate, and report emissions. We have in-depth expertise in understanding, measuring, and reporting GHG emissions according to international standards, namely GHG Protocol. We calculate emissions for organization and event levels and have handled various clients from various industries, such as the biggest telco company in Indonesia, sustainable fashion brands, international events, and many more.



Carbon Measurement Method

At WISE Trip, we measure the greenhouse gases generated by each of our 25 curated travel packages, focusing on transportation, accommodation, food and beverages, and key activities. Quantitative data is collected and calculated using five main categories: fuel, waste, purchased materials, food, and electricity.

To enhance the credibility of our measurement practices, we ensure that our methods are fully aligned with the **Greenhouse Gas (GHG) Protocol**. This internationally recognized standard, developed by the **World Resources Institute (WRI)** and the **World Business Council for Sustainable Development (WBCSD)**, provides comprehensive guidelines for quantifying and reporting greenhouse gas emissions.

Yes, WISE assess these categories:



Fuel

The direct energy use by using fuel for stationary and/or mobile combustion for every participant that takes part in the package.



Waste

Waste generated from food, plastic, and other materials that can be captured and traced in accommodation and activity aspect of the package.



Purchased Materials

The purchase of materials/goods for every participant. It is applied in accommodation aspect of the package.



Food

The material of food used to produce food platter or buffet that included in the package.



Electricity

Electricity used to power certain equipment for every participant that includes in the package.



Emission kg CO₂e

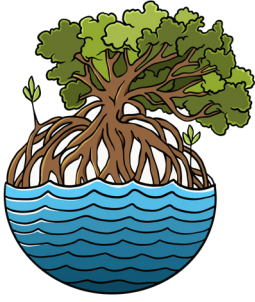
Activity data (unit) \times Emission factor (kg CO₂e/unit)

LIMITATIONS ON CARBON MEASUREMENT

The discourse on carbon balancing and impact lacks standardized references, especially in Indonesia's context. Factors like diverse environments, socio-economic conditions, and infrastructure complicate carbon emission measurement and management. While we acknowledge differing perspectives, our WISE Trip calculations follow internationally-accepted standards (e.g., IPCC, GHG emissions). Also, for the 25 curated trips, we apply these key principles:

- **Completeness:** All relevant areas are included, with clear reasons for any omissions.
- **Consistency:** Methods remain stable over time for accurate comparisons, with changes fully documented.
- **Transparency:** Calculation methods and sources are openly shared.
- **Accuracy:** Calculations are precise and unbiased, minimizing uncertainties.





FROM CARBON EMISSION TO MANGROVE RESTORATION: A LIFELINE FOR INDONESIA'S COASTAL ECOSYSTEM

Indonesia's extensive coastline makes it especially vulnerable to climate change, with rising carbon emissions threatening the tourism sector. This accelerates global warming, Arctic ice melting, rising sea levels and causing biodiversity loss, flooding, and coastal erosion. Throughout this book, you will find that each of 25 travel packages of WISE Trip will explore the potential impact of carbon on rising sea levels that may damage ecosystems, displace communities, and disrupt industries like tourism and fisheries.

To address this issue, each of the 25 travel packages incorporates carbon-balancing programs centered on mangrove planting. Mangroves are essential in mitigating climate change, as they absorb CO₂, protect coastlines, and support local communities and tourism. To ensure the success and effectiveness of our mangrove planting efforts, we will implement the following strategic steps:




Planting in Coastal Areas:
Mangroves in intertidal zones effectively mitigate rising sea levels and protect coastlines. Planting them in coastal areas enhances their ability to shield vulnerable communities from erosion, flooding, and storm surges, maximizing environmental and social benefits.



Variety of Mangroves - *Rhizophora mucronata*:
We are selecting *Rhizophora mucronata* for mangrove restoration due to its adaptability to harsh coastal conditions and robust root systems that stabilize shorelines. This species is well-suited to Indonesia's coastal environments, ensuring a higher survival rate and effective coastal protection.



Lifespan of Mangroves - 8 Years:
The mangroves are projected to have an initial lifespan of about 8 years, essential for establishment and growth. During this time, they will develop root systems that enhance coastal protection and carbon absorption. While they can live much longer, this period will be closely monitored to assess growth and health, allowing for timely maintenance.



Manage by Community, monitored by third party:
Sustainable mangrove restoration requires active involvement from local communities, who will manage planting and maintenance, fostering ownership. Concurrently, third-party organizations will monitor progress, offering oversight and technical support. This dual management approach ensures effective project maintenance and accurate impact measurement.

Note: please contact our partners to know more about mangroves planting

Hi! I'm Mas Eko :)

Meet Mas Eko, your eco-warrior travel buddy for sustainable adventures. Inspired by the principles of green travel, Mas Eko turns every journey into an opportunity to protect the planet. Plus, he's like a walking eco-dictionary, always sharing tips and reminding his friends to think green and act sustainably. Be like Mas Eko—because being eco-friendly isn't just smart; it's super cool. **Join the movement, make a difference, and let's all travel with a purpose!**

Eco Wins & Eco Spins

Ready to explore the world with a green heart? Join Mas Eko in becoming a responsible traveller, making every adventure eco-friendly. Follow these eco wins and avoid the eco spins!

✔ Eco Wins (What You Should Do)

- **Pack Light, Travel Smart:** Use reusable items to minimize waste and reduce your carbon footprint.
- **Support Local, Sustainably:** Choose local businesses and eco-friendly accommodations to help communities thrive.
- **Respect Wildlife:** Observe animals from a distance and opt for conservation-focused tours.
- **Leave No Trace:** Clean up after yourself, preserving the beauty of nature for others.
- **Conserve Water & Energy:** Be mindful of your resource use—turn off lights and reuse towels.
- **Choose Eco-Friendly Transportation:** Walk, bike, or use public transport whenever possible.

✘ Eco Spins (What You Should Avoid)

- **Overpacking Plastics:** Say no to single-use plastics and always carry reusable alternatives.
- **Harming Natural Habitats:** Avoid littering and disturbing fragile ecosystems.
- **Participating in Unethical Animal Tourism:** Skip tours that exploit animals; choose ethical experiences instead.
- **Wasting Resources:** Don't leave lights or water running unnecessarily.
- **Ignoring Cultural Sensitivity:** Respect local customs and traditions.
- **Skippping Carbon Offsets:** Balance your carbon footprints supporting environmental projects.

Adventure awaits! Let's ensure we leave behind a positive impact. Together with Mas Eko, let's explore, enjoy, and protect our beautiful Indonesia.





Adventure & Ecotourism

Embark on an adventure through pristine landscapes, where every step unveils the untouched beauty of nature, blending activities with a commitment to sustainable travel. Immerse yourself in eco-friendly experiences that not only satisfy your wanderlust but also nurture the environments and cultures you explore.

THE DRUM HOUSES of Waerebo

 4D/3N

Discover the Natural Beauty and Adventure of Flores Island

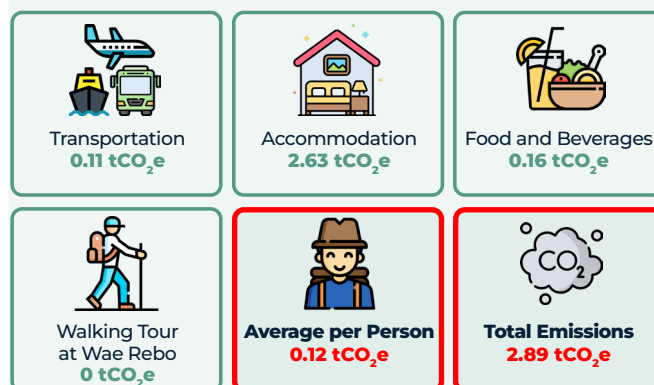
Flores, Indonesia's 'Island of Flowers,' is a gem of volcanoes, valleys, and beaches. This package takes you to one of its wonders—Wae Rebo, an isolated village perfect for those wanting to explore Flores' countryside before heading off to see the world's largest reptile. Discover the unique circular Mbaru Niang houses and experience daily life in a traditional Manggaraian village, set against stunning mountain scenery.



HIGHLIGHT ACTIVITIES

-  Journey to Manggarai: Experience daily life in the heart of Flores' Manggarai regency.
-  Hike to Wae Rebo: Trek to the ancient village of Wae Rebo, 1,200 meters above sea level.
-  Stay in a Drum House: Spend the night in a traditional "drum house" (Mbaru Niang).
-  Embrace Adventure: Swim in a stunning waterfall and enjoy Flores' natural landscape.
-  Solitude by the Sea: Rest and relax on a secluded local beach.

Your carbon footprints in this trip (with maximum up to 25 pax)



Carbon Impact & Balancing



Trip Agenda



DAY 1 L D

Arrival (Labuan Bajo - Todo - Dintor)

Upon arrival at Komodo Airport, you'll meet your guide and transfer to the Manggarai region. Along the way, stop at Lembor and Todo villages to experience local life and enjoy panoramic views, with lunch at a local restaurant. Go back to homestay at Dintor.

DAY 2 B L D

Witnessing Mbaru Niang Structures

After breakfast at the homestay, embark on a 4-hour trek to Wae Rebo, the last traditional Manggarai village. Participate in a welcoming ceremony and explore the UNESCO-recognized Mbaru Niang structures. Enjoy a short trek to a waterfall, a simple dinner at the village, and sleep on provided mattresses. Overnight at the local village house in Wae Rebo.

DAY 3 B L D

Waerebo to Labuan Bajo

After breakfast at the village, trek downhill and visit a pristine beach for relaxation and lunch. Continue to Labuan Bajo by chauffeured vehicle, check in at your hotel, and enjoy the evening at leisure with dinner provided. Return to rest to hotel at Labuan Bajo.

DAY 4 B

Departure Labuan Bajo

After breakfast and check-out, you'll be picked up from the hotel lobby and taken to Komodo Airport for your onward journey, cherishing the memories of your visit.



Good to know:

- This program minimizes carbon emissions through trekking and hiking, focusing on authentic experiences with Manggarai villagers.
- Engage in the daily lives of Manggarai villagers, supporting the preservation of traditional cultures and Wae Rebo's unique cone-shaped houses.
- By avoiding mass tourism and opting for off-the-beaten-path experiences, travelers help reduce the negative impacts on local communities and ecosystems.

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THE BEAUTIFUL SUMBA ISLAND ENCOUNTER

 5D/4N

Embrace Adventure: Exploring the Pristine Beauty and Ancient Charm of Sumba

Sumba is the ultimate destination for adventure enthusiasts craving pristine nature and ancient charm! Marvel at the breathtaking golden sunsets at Tenau Hills, feel the invigorating mist of Tanggedu Waterfall on your face, and conquer the majestic peaks of Purukambera Savanna.

Discover the stunning beauty of West Sumba by exploring the panoramic vistas of Wairinding Hills and the awe inspiring Lapopu Waterfall. Relax on the serene shores of Watubela Beach and dive into the pristine waters of Waekuri Lagoon. Immerse yourself in the rich culture of Prai Ijing Village, capping off a journey brimming with unforgettable experiences and natural wonders.

HIGHLIGHT ACTIVITIES



Weaving activities in local village.



Explore Tanggedu waterfall.



Sunset at Puru Kambera savana.



Sightseeing Wairinding hills.



Your carbon footprints in this trip (with maximum up to 15 pax)



Carbon Impact & Balancing



Trip Agenda



DAY 1 D

Begin with a pick-up from Mau Hau Airport in East Sumba and transfer to Tenau Hills to enjoy a breathtaking sunset. Head to Waingapu city for dinner, then transfer to Hotel. Check in and rest for the night.

DAY 2 B L D

Start your day with breakfast before transferring to Tanggedu Waterfall for an invigorating trek. Enjoy exploring and swimming at Tanggedu, followed by lunch. Then, head to Purukambera to explore the beach and savanna, capping the day with a stunning sunset at the beach. Transfer back to Waingapu for dinner, and then return to hotel to rest.

DAY 3 B L D

Start with breakfast and check out from hotel. Transfer to West Sumba for sightseeing at Wairinding Hills. Have lunch in Waikabubak city, then visit Lapopu Waterfall for swimming and relaxation. Explore Watubela Beach before dinner in Waikabubak. Finally, transfer to hotel to rest.

DAY 4 B L D

Start with breakfast and transfer to Waekuri Lagoon for exploration. Head to Prai Ijing village for lunch and experience weaving activities and souvenir shopping. Transfer to Pero Beach to enjoy a beautiful sunset. Return to Waikabubak for dinner, then back to hotel to rest.

DAY 5 B

Begin with breakfast and check out of the hotel. Explore the scenic Lendongara Hills, then transfer to Tambolaka Airport for your flight. Check in and prepare for departure.

B Breakfast L Lunch D Dinner

Accommodation During This Trip

The accommodations used during this trip support the fair and equitable empowerment of human resources in Sumba, apply sustainability values in daily operations, and contribute to the local economic development of Sumba.



Good to know:

- Supporting local weaver economically in local village.
- Supporting local tourism actors economically in Sumba.
- Unnecessary waste is eliminated when possible throughout all activities.

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MOUNT RINJANI

THE MIGHTY VOLCANO

5D/4N



Epic Ascent: Conquer Mount Rinjani and Experience The Magic

Embark on an exhilarating journey through the stunning landscapes of Mt. Rinjani! Begin with an exciting coffee tour at Rumah Belajar Sangkabira, then marvel at the breathtaking panoramic views and a spectacular sunset at the Sembalun crater rim.

Camp under the starry sky and gear up for the thrill of your ascent to the peak of Mount Rinjani, where you'll be rewarded with a spectacular sunrise. Keep the excitement rolling as you trek down to Senaru Village, dive into its vibrant culture with a tour of the Sasak Village, and pick up unique souvenirs to remember your extraordinary adventure.

HIGHLIGHT ACTIVITIES



Senaru sasak village tour.



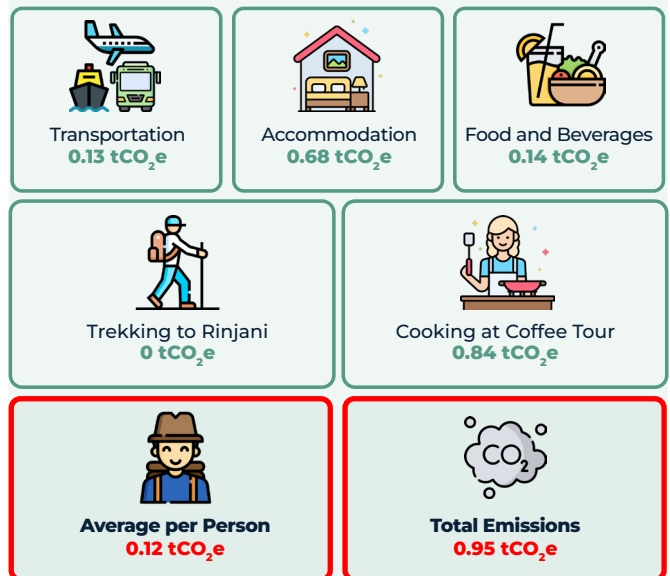
Trekking to Rinjani.



Coffee tour at Sembalun.

Your carbon footprints in this trip

(with maximum up to 15 pax)



Carbon Impact & Balancing



Trip Agenda

DAY 1 L D

Start with an airport pickup and drive to Sri Coffee Mataram for an overview of Rinjani Geopark and its geology. Enjoy lunch at Roemah Langko Restaurant before transferring to Sembalun. Visit Rumah Belajar Sangkabira for a fascinating coffee tour, then check in at your cottage. Finish the day with dinner, a briefing with your trekking guide, and gear preparation for your upcoming trek.

DAY 2 B L D

Start with an early breakfast, then transfer to Sembalun Village to begin your trek. Hike from Pos I to Pos II, and continue to Pos III for a lunch break and rest. Afterward, trek to the Sembalun crater rim at 2,639 meters above sea level, where you can enjoy a stunning sunset view. Camp at the crater rim for the night and enjoy a hearty dinner.

DAY 3 B L D

Rise early for a light breakfast before starting your trek to the summit. Witness a breathtaking sunrise at the top, then head back to the Sembalun crater rim for lunch and some free time. Continue your descent to Segara Anak Lake, where you can relax, enjoy the lake views, swim, or bathe in the hot springs. Camp by the lake and savor a delicious dinner before enjoying some free time.

DAY 4 B L D

Enjoy a free morning before having breakfast. Then, trek down to Senaru Village and have lunch upon arrival. Check in and freshen up at your hotel, with a free afternoon to relax or opt for a massage. Finish your day with a delightful dinner.

DAY 5 B L

Start your day with a leisurely breakfast, followed by a tour of Senaru Sasak Village and a chance to shop for souvenirs. Enjoy lunch before transferring to the airport for your departure.

B Breakfast **L** Lunch **D** Dinner



Rinjani Lighthouse Cottage

Just 800 meters from Sindang Gila Waterfall in Senaru, Rinjani Lighthouse offers a fantastic stay with a garden, terrace, and restaurant. Enjoy the double room's private entrance, cozy seating area, and terrace with stunning garden views, plus a private bathroom with a shower. It's the perfect exciting basecamp to kick off your thrilling Mount Rinjani hike!



Good to know:

- Supporting local youth community at Rumah Belajar Sangkabira.
- Supporting local tourism actors economically in local village.
- Supporting local tourism actors economically in Lombok.
- Unnecessary waste is eliminated when possible throughout all activities.

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ORANGUTAN WILDLIFE TREKKING

IN GUNUNG LEUSER NATIONAL PARK

 **6D/5N**

Jungle Escape: The Ultimate Gunung Leuser Wildlife Adventure

This 6-days adventure takes you deep into Gunung Leuser National Park, with 3 days of trekking to spot wild orangutans, gibbons, and monkeys. Starting and ending in Medan, the trip includes comfortable stays at a guesthouse near Ketambe before and after the trek. The trek offers a chance to relax in natural hot springs, cross rivers, and camp in the jungle. An experienced local guide will lead the way, with delicious meals provided throughout the trek, making it an unforgettable experience for nature and wildlife lovers.

HIGHLIGHT ACTIVITIES



Trek through Gunung Leuser National Park for a chance to spot wild orangutans in their natural habitat.



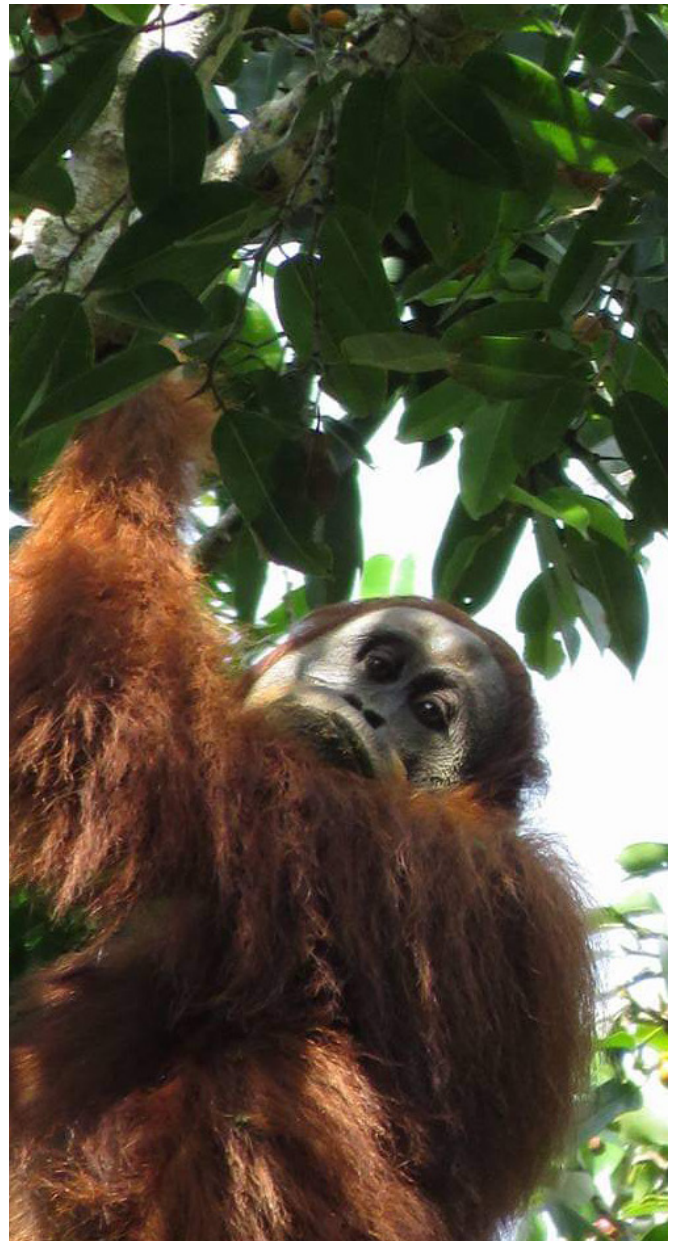
Unwind in natural hot springs after a day of jungle adventure.



Stay at a cozy guesthouse in Ketambe with stunning views and wildlife encounters.

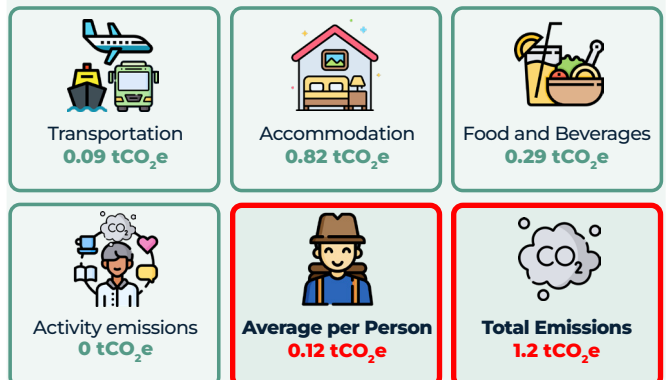


Learn traditional survival techniques and jungle navigation from your local guide.



Your carbon footprints in this trip

(with maximum up to 10 pax)



Carbon Impact & Balancing



Trip Agenda



DAY 1 D

Arrival

Upon your arrival at Medan Airport, you'll be picked up and driven to Ketambe, where your adventure officially begins. In the evening, enjoy a relaxing dinner and spend the night at a cozy guesthouse in Ketambe, preparing for the exciting days ahead.

DAY 2 B L D

Jungle Trek with Wildlife

Begin your jungle trek at 8 AM, where you'll have the opportunity to spot orangutans, monkeys, gibbons, and a variety of birds. After a morning filled with wildlife encounters, you'll arrive at the campsite for lunch before continuing your adventure deeper into the jungle. In the evening, return to camp for a delicious dinner, where you can share stories of the day's exciting experiences.

DAY 3 B L D

Hot Spring

Apart from enjoying the diverse wildlife, you'll also have the chance to relax in a soothing hot spring! Start your day with breakfast before beginning your trek into the jungle. In the afternoon, savor a delicious lunch followed by a refreshing soak in the hot spring. In the evening, indulge in some fishing before gathering for a delightful dinner to end the day.

DAY 4 B L D

Rainforest Trekking and Camping

Wake up early to the soothing sounds of the rainforest as you prepare for another day of adventure. Continue your trek deeper into the national park, where you'll encounter a variety of bird species and vibrant flowers. Take a refreshing dip in a nearby waterfall before setting up camp in another stunning location. Enjoy dinner surrounded by the enchanting sounds of nature, followed by an unforgettable overnight camping experience in the heart of the rainforest.

DAY 5 B L D

Trekking Return to Ketambe

Today, you'll make your way back to Ketambe for an overnight stay. In the morning, trek out of the jungle and enjoy a packed lunch along the way. By the afternoon, you'll return to Ketambe, where you'll relax and unwind at a cozy guesthouse for the night.

DAY 6 B

Departure

Today, you'll be returning to Medan. In the morning, depart from Ketambe and enjoy the scenic drive back to Medan, reflecting on your unforgettable adventure in the rainforest.



Good to know:

- A local ranger with over 10 years of experience leads the trek, ensuring safety and wildlife insights.
- Curated eco-friendly trek to minimize environmental impact and protect natural habitats.
- Joining the trek supports local communities and conservation efforts, helping preserve the jungle for future generations.
- Encounter rare plants and animals, including the giant Rafflesia flower, highlighting the park's biodiversity.

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 Bali & Singapore



TANJUNG PUTING

RIVER CRUISING TO THE LAND OF ORANGUTAN

 4D/3N



Discover Borneo: Unveiling Tanjung Puting's Rainforest Wonders

Dive into Borneo's vibrant rainforests! Start by observing majestic orangutans in Jurung Tiga. Visit the Lamandau Nature Reserve, dedicated to saving orangutan habitats. In Tanjung Puting, watch cheeky orangutans at feeding time and take a jungle stroll to see them up close. Brace yourself for a spooky night trek to uncover forest secrets.

Swing by Tanjung Harapan and Kumai villages to learn about local traditions and get good vibes. This wild ride blends nature conservation, wildlife observation, and cultural immersions in the heart of Borneo's nature paradise.

HIGHLIGHT ACTIVITIES



Planting local trees at Lamandau Nature Reserve.



Small workshop Tanjung Puting ecosystem introduction - Introduction to tropical, forest flora: orchids and medicinal plants.



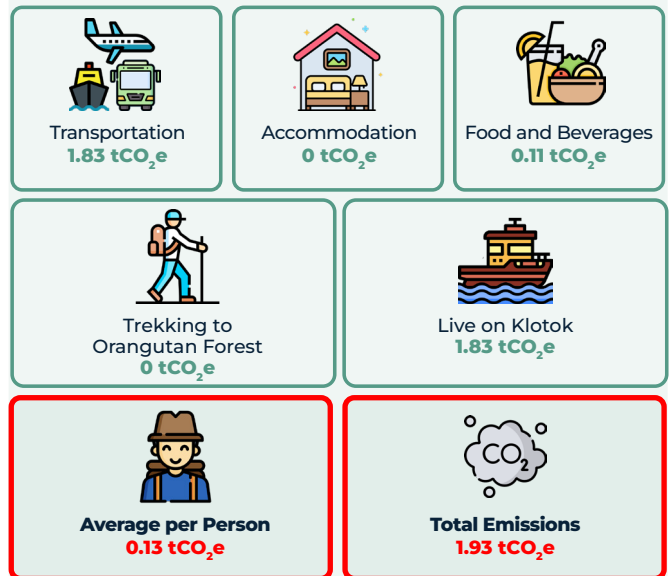
Live on Klotok.



Trekking to Orangutan forest.

Your carbon footprints in this trip

(with maximum up to 15 pax)



Carbon Impact & Balancing



Trip Agenda



DAY 1 L D

Upon arrival in Pangkalan Bun, you'll be picked up from the airport and taken to Jurung Tiga for an orangutan workshop. Next, visit the Lamandau Nature Reserve to learn about efforts to preserve orangutan habitats through planting initiatives. Enjoy lunch before transferring to Tanjung Puting, where you'll go sightseeing on the river. Conclude your day with dinner.

DAY 2 B L D

Begin with breakfast on the klotok, then learn about the Tanjung Puting ecosystem and its flora, including orchids and medicinal plants. Trek to an orangutan feeding station for a visit, followed by lunch. Enjoy a free afternoon before dinner, and finish the day with a night trek to explore the jungle.

DAY 3 B L D

Start with breakfast on the klotok, then visit the Pondok Tanguin and Tanjung Harapan feeding stations to see orangutans. After a delightful lunch, explore Tanjung Harapan village and its local culture. Enjoy a free afternoon before concluding with a relaxing dinner.

DAY 4 B

Start your day with a delightful breakfast on the klotok, setting the stage for an exciting exploration of Kumai Village. Dive into the local culture and vibrant atmosphere before making your way back to Pangkalan Bun. Wrap up your adventure with a final transfer to the airport, brimming with unforgettable memories.



Stay The Night in A Private Klotok!

Your adventure in Tanjung Puting National Park will be even more thrilling aboard your private klotok! This unique accommodation features a comfy twin bed, a cozy sitting area, and a dining space for your convenience. At night, relax under the protection of curtains and mosquito nets, ensuring a worry-free stay.



Good to know:

- Supporting local tourism actors economically in Tanjung Puting.
- Preserving Orangutan habitat through trees planting.
- Unnecessary waste is eliminated when possible throughout all activities.



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SUMATRA UNPLUGGED NATURE, CULTURE AND CONVERSATION

 20D/19N

Highlights of Sumatra: A 20-Day Adventure Through Nature and Culture

This 20-day tour offers an unforgettable journey through Sumatra, filled with diverse cultures, stunning natural beauty, and incredible wildlife. Highlights include exploring rugged mountain ranges, visiting the Orangutan Rehabilitation Reserve, discovering Lake Toba, and experiencing the unique culture of the Minangkabau people.

The adventure continues with a visit to Krakatoa volcano, a thrilling speedboat ride across the Sunda Strait, and an exciting exploration of Way Kambas National Park, home to Sumatran elephants, tigers, and the rare rhino.

HIGHLIGHT ACTIVITIES



Trekking through Gunung Leuser National Park in Bukit Lawang to observe orangutan and other wildlife.



Exploring Samosir Island to see Batak culture and history.



Singgalang Walk, scenic 5-10 km hike through Bukittinggi's countryside.



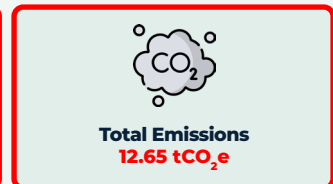
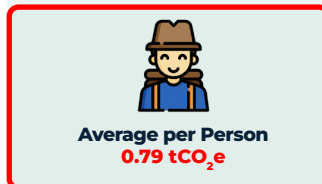
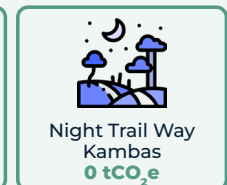
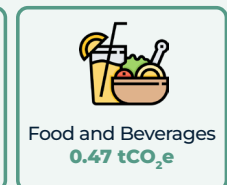
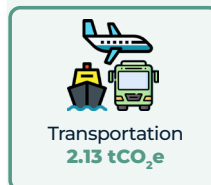
Tour of Bukittinggi region for cultural experience, including architecture, local crafts, and bull races.



Night trails, daytime treks, birdwatching, tree planting, and community visits.



Your carbon footprints in this trip (with maximum up to 16 pax)



Carbon Impact & Balancing



Total emission of
0.79 tCO₂e



Can be balanced by planting 12 mangrove trees
*lifespans 8 years



Could prevent shoreline loss due to sea level rise from Arctic ice melt

Trip Agenda



DAY 1 D

Arrival (Medan)

Upon arrival in Medan, we'll transfer to our hotel. Our adventure starts with Medan's mix of Dutch architecture and Asian culture. In the evening, we'll gather for dinner and orientation. Overnight at Grand City Hall Medan or similar.

DAY 2 B L D

Drive to Bukit Lawang

In the morning, we'll tour Medan, visiting Sultan Deli Palace, the Great Mosque, Chinese Temple, and Kesawan Area. In the afternoon, we'll drive 97 km to Bukit Lawang, an orangutan rehabilitation reserve. Along the way, observe the shift from city to jungle, with possible stops at rubber and oil-palm plantations. We'll end the day relaxing at our hotel in Bukit Lawang. Overnight at Ec lodge Bukit Lawang or similar.

DAY 3 B L D

Orangutan Rehabilitation Reserve

After breakfast, we'll take a half-day hike in Leuser National Park to spot orangutans in their natural habitat. Overnight at Ec lodge Bukit Lawang or similar.

DAY 4 B L D

Berastagi Transfer

After breakfast, we'll drive to the mountain town of Brastagi, nestled between two volcanoes. In the afternoon, visit Lumbini Temple, an old Batak church, and a local fruit market. Overnight at Mikie Holiday or similar.

DAY 5 B L D

Berastagi Samosir

Today, we'll start with an early trek up Sibayak Mountain for a chance to photograph the crater, weather permitting. Then, visit the impressive Sipiso-Piso Waterfall, one of Indonesia's tallest, before heading to Samosir Island. Overnight at Tabo Cottages or similar.

DAY 6 B L D

Lake Toba Boat Excursion

Today, enjoy a boat excursion around Samosir Island, exploring the Batak Toba culture. Visit the traditional village of Tomok and the tomb of Sidabutar kings. Continue to Ambarita to learn about the ancient Batak judicial system, including the stone chair and table used for executions. In the evening, experience a Batak Toba traditional dance. Overnight at Tabo Cottages or similar.

DAY 7 B L D

Lake Toba

Today is a free day to explore at your leisure. You can walk around the village, bike through the scenic landscapes of Samosir Island, or simply relax by the crater lake. Enjoy the variety of marine life, including fish, turtles, and corals. Overnight at Tabo Cottages or similar.

DAY 8 B L D

Minangkabau

Highland, Padang Sidempuan We'll depart early from Samosir Island by ferry and travel south through the Minangkabau Highlands to Padang Sidempuan. Along the way, explore the local agricultural crops and visit the traditional market at Balige. Overnight at Mega Permata Hotel Padang Sidempuan or similar.

DAY 9 B L D

Bukittinggi Transfer Crossing The Equator

Drive south to Bukittinggi, crossing the equator at Bonjol village. Enjoy scenic views of rivers and mountains, with a stop in Rimba Panti to learn about exclusive coffee. Arrive in Bukittinggi, known for its cultural and craft heritage. Overnight at Triple Tree Bukittinggi or similar.

DAY 10 B L D

Singgalang Walk

Enjoy the rural beauty on the Singgalang Walk, a 5-10 km hike through the countryside between Merapi and Singgalang volcanoes. Observe vibrant daily life, from rice and chili pepper planting to working with water buffalo. Immerse yourself in the cultural beauty of the region. Overnight at Triple Tree Bukittinggi or similar.



DAY 11 B L D

Minangkabau Culture

Explore the Minangkabau countryside and visit a cultural village in Padang Panjang to learn about this ancient matrilineal society. If lucky, witness Pacu Jawi, a traditional bull racing event that has been celebrated for 400 years. Overnight at Triple Tree Bukittinggi or similar.

DAY 12 B L D

Sianok Canyon, Great Wall, Japanese Tunnell

Hike through the scenic Sianok Canyon near Bukittinggi, following the "Great Wall" and stopping at the Japanese Tunnels and Kota Gadang, known for its silver jewelry. Meet locals and see macaque monkeys along the way. Overnight at Triple Tree Bukittinggi or similar.

DAY 13 B L D

Padang Transfer

This morning, we'll descend from the Sumatran Highlands to the warmer climate of Padang. Along the way, stop at a scenic waterfall. Enjoy a local Padang lunch, renowned across the country, and take some time to stroll by the ocean. Overnight at Mercure Padang or similar.

DAY 14 B L D

Jakarta - Anyer

Fly to Jakarta, Java, and then drive to the coast on the Sunda Strait. Overnight at our seaside hotel in Anyer. Stay and overnight at Aston Anyer Beach Hotel or similar.

DAY 15 B L D

Krakatoa - Lampung

Speedboat across the Sunda Strait to Krakatoa and Anak Krakatoa. Explore the volcanic remnants and lush island, then relax with lunch on a nearby beach. Continue to Kalinda and return to Sumatra. Overnight at Novotel Lampung or similar.

DAY 16 B L D

Way Kambas National Park, Night Walk

After a relaxing morning, we head to Way Kambas National Park. Enjoy the vibrant jungle sounds and keep an eye out for wildlife. Overnight at Satwa Elephant Eco Lodge or similar.

DAY 17 B L D

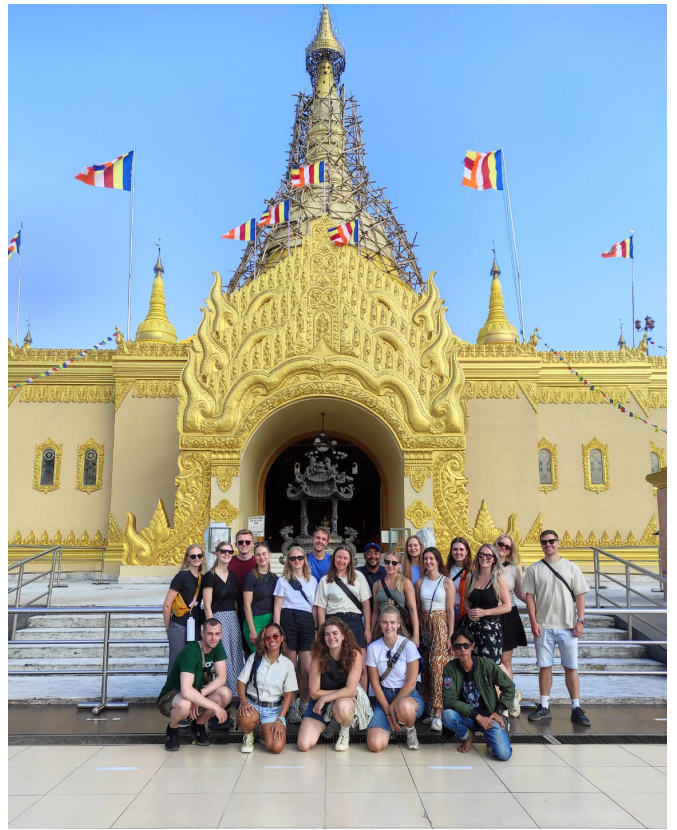
Jeep Safari, Village Visit

Embark on a driving safari in Way Kambas to spot Sumatran elephants, monkeys, and birds. Later, visit a local school, take a cooking class, and enjoy a village performance of music and dance. Overnight at Satwa Elephant Eco Lodge or similar.

DAY 18 B L D

Jeep Safari, Lampung

Enjoy a morning jeep safari in search of wildlife, including elephants, gibbons, macaques, and over 400 bird species. Rare sightings may include tigers and rhinos. After lunch and a midday rest at the lodge, return to Lampung in the late afternoon. Overnight at Novotel Lampung or similar.



DAY 19 B L D

Jakarta Transfer

Enjoy a relaxing morning with options for swimming, working out, or a spa visit. After lunch, fly to Jakarta and overnight at our airport hotel. End the day with a farewell dinner. Stay at FM 7 Jakarta or similar.

DAY 20 B

Departure

Depart Jakarta for your flight home.

B Breakfast L Lunch D Dinner



Good to know:

- Educating visitors about wildlife conservation and preserving natural habitats.
- Engaging with local citizens helps sustain cultural heritage and respect historical practices.
- Supporting local development with participating in community-driven projects such as tree planting and visiting local market.
- This company is thrilled to be moving toward the partner level after its initial engagement with Travelife.



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NORTH SUMATRAN Nature

 8D/7N

Discover North Sumatra: From Wild Adventures to Cultural Treasures

North Sumatra is a land of breathtaking nature and vibrant culture. At its heart lies Lake Toba, the world's largest volcanic crater lake. Explore rainforests at Bukit Lawang, home to exotic wildlife, or walk alongside elephants in Tangkahan's crystal-clear rivers. Trek through the jungle to spot wild orangutans or float down the Bohorok River.

Beyond nature, dive into North Sumatra's rich culture-watch the Tor Tor Dance, visit traditional Batak homes, and witness the intricate creation of Ulos fabrics using time-honored techniques. A perfect mix of adventure and tradition awaits!



HIGHLIGHT ACTIVITIES



Discover North Sumatra's heritage: see Deli Sultanate legacies, ethnic groups, and traditional village houses.



Explore Caldera Toba: swim in Tangkahan's river and lagoon, and wake up to Caldera Toba Lake views.



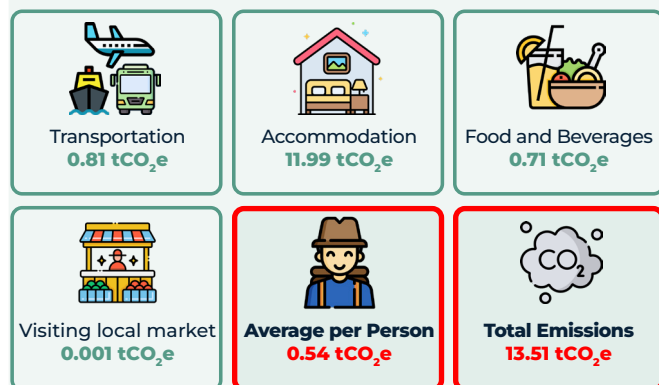
Trek Sumatra's rainforest: spot orangutans, bathe Sumatran Elephants, and aid conservation.



Overland Journey: admire the stunning landscapes along the route.



Your carbon footprints in this trip (with maximum up to 25 pax)



Carbon Impact & Balancing



Trip Agenda

DAY 1 **L**

Arrival (Medan - Silangit - Samosir Island)

Upon arrival at Silangit Airport, meet your tour guide and visit Huta Ginjang. Then, head to the TB Silalahi Museum on Lake Toba's shores. Continue to Balige to explore its traditional Tapanuli-style market. The final stop is Parapat, where you'll embark to Samosir Island. Lunch will be provided at a local restaurant. Overnight at Toledo Inn or other similar.

DAY 2 **B L**

Simanindo Cruise - Samosir Drive - Tele - Samosir Island

Take a private ferry cruise on Lake Toba, visiting Ambarita and Simanindo villages to watch traditional Toba dances. Travel by car to Lumban Sui Sui to see traditional weaving, then continue to Pangururan on the slopes of Mt. Pusuk, where a bridge connects Samosir Island to Buhit. Finally, visit Tele on the mainland for unforgettable views of Lake Toba and Samosir Island. Stay a night at Toledo Inn or similar.

DAY 3 **B L**

Samosir Island - Tiga Ras - Sipiso Piso - Berastagi

Take a private ferry cruise on Lake Toba, visiting Ambarita and Simanindo villages for traditional Toba dances. Travel by car to Lumban Sui Sui for traditional weaving, then to Pangururan on Mt. Pusuk's slopes. Visit Tele for views of Lake Toba and Samosir Island. Drive to Berastagi, stopping at Gundaling, and check in at your hotel. Lunch will be provided en route at a local restaurant. Return to Grand Mutiara Hotel or other similar.

DAY 4 **B L**

Berastagi - Medan

After breakfast, visit Gundaling Hill for views of Sibayak and Sinabung volcanoes. Stop at a traditional fruit market and then see the Golden Pagoda, Indonesia's tallest and the world's third largest. Next, visit Lau Debuk Debuk and the Church of Mary Annai Velangkanni before a short drive to your hotel in Medan for check-in. Rest at Grand Mercure Hotel or other similar.



DAY 5 **B L**

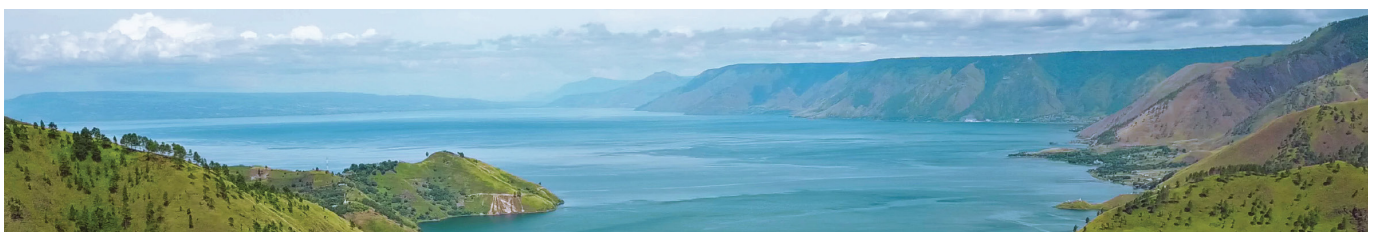
Medan - Tangkahan

Drive to Medan's city center to visit the Great Mosque and Tjong A Fie Mansion. Enjoy lunch at a local restaurant with Sumatran Sidikalang Coffee. Drive past the town square, colonial buildings, and Medan's Zero Point monument, then continue to Tangkahan for hotel check-in. Arrive in Tangkahan in about 3-4 hours and spend the afternoon at your leisure. Go back to hotel Tangkahan Inn or other similar.

DAY 6 **B L**

Tangkahan - Elephant Activities - Bukit Lawang

Enjoy breakfast at the lodge, then head to the riverside to bathe the elephants. Take an hour-long elephant ride along forest trails. Picnic lunch by a nearby waterfall, then return to the hotel for checkout. Proceed to Bukit Lawang, check in, and spend the rest of the afternoon at your leisure. Stay a night at Rindu Alam or other similar.



DAY 7 B L

Bukit Lawang Trekking

Embark on a 4-5 hour jungle trek, spotting leaf monkeys, macaques, and exotic trees. Return to the lodge by river tubing and enjoy lunch at Kapal Bambu. Overnight at Rindu Alam or similar.

DAY 8 B

Departure Medan

Another day of jungle trekking, spotting diverse wildlife, and ending with a river tubing adventure back to the lodge. Lunch at Kapal Bambu. You'll depart from Medan to end this trip.

B Breakfast L Lunch D Dinner



Good to know:

- Support local communities: explore off-the-beaten paths with a local guide and enjoy local cuisine.
- Conserve local wildlife: observe Sumatran elephants and orangutans in their natural habitats.
- Unforgettable journey: visit historical sites like Ambarita village, Batak Museum, and Balige market.
- This company is also associated with Travelife, so all carbon emissions generated from each activity have been calculated.



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TRAILS OF BALI GILI

An Ethical Adventures

 14D/13N

Epic 14-Day Odyssey: Dive into the Wonders of Bali and the Gili Islands

This 14-day tour offers an unforgettable journey through Bali and the Gili Islands. Begin by immersing yourself in the vibrant culture of Ubud, then relax on the pristine beaches and explore the coral reefs of Lembongan and Gili Trawangan.

Experience the thrill of a diving course in Lembongan, uncover the underwater wonders of the Gili Islands, and soak in the laid-back vibes of Canggu. This carefully curated itinerary combines adventure, relaxation, and cultural exploration, ensuring memories that will last a lifetime.



HIGHLIGHT ACTIVITIES



Mountain cycling in Ubud to explore Bali's natural beauty, heritage, and traditional villages.



Rafting in Ayung White Water.



Diving in Nusa Lembongan.



Stand-up Paddleboarding in Gili Trawangan (SUP).



Surfing in Kuta Beach.



Your carbon footprints in this trip

(with maximum up to 16 pax)



Transportation
0.33 tCO₂e



Accommodation
5.4 tCO₂e



Food and Beverages
0.14 tCO₂e



Trekking in Monkey Forest
0 tCO₂e



Stand up paddle board
0 tCO₂e



Bike Trip
0 tCO₂e



Average per Person
0.37 tCO₂e



Total Emissions
5.87 tCO₂e

Carbon Impact & Balancing



Total emission of
0.37 tCO₂e

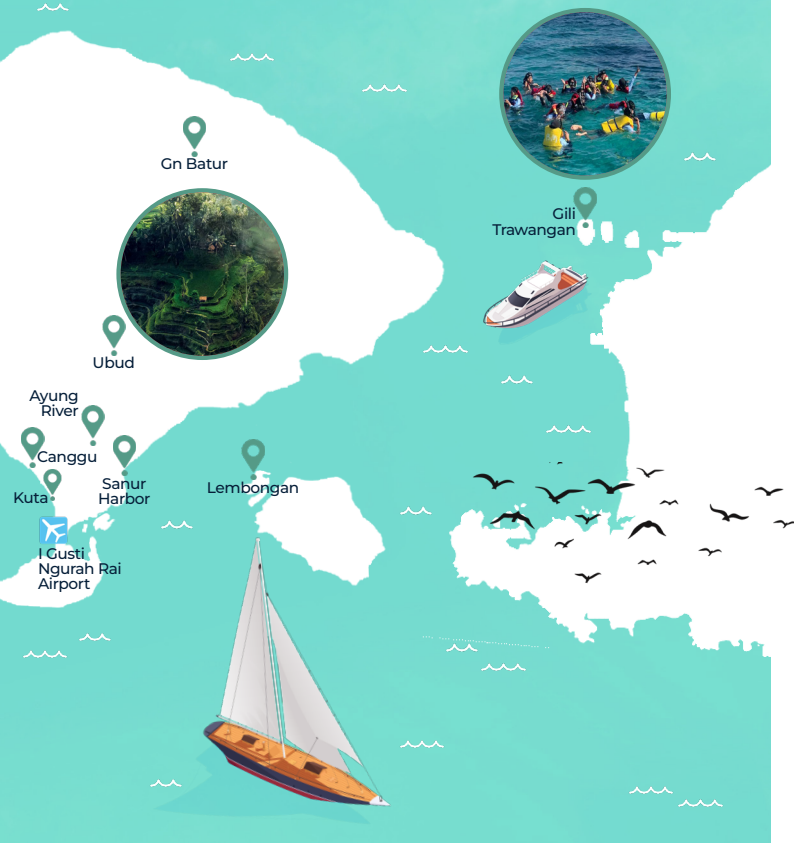


Can be balanced by planting 6 mangrove trees
*lifespan 8 years



Could prevent shoreline loss due to sea level rise from Arctic ice melt

Trip Agenda



DAY 1

Arrival Ubud (no meals)

Upon your arrival at Ngurah Rai International Airport in Bali, meet and greet with your dedicated English-speaking guide, who will escort you to your hotel in Ubud. Check-in and the remaining of the day is free at your own leisure to do the orientation. The Cozy Villas Lembongan.

DAY 2 **B**

Ubud Monkey Forest & Afternoon Cycling

Start your day with breakfast at the hotel before visiting the Ubud Monkey Forest, home to over 700 sacred long-tailed macaques. In the afternoon, enjoy mountain cycling in Ubud, a perfect way to experience the island's beauty and get some exercise.

DAY 3 **B L**

White Water Rafting & Walking to Ubud Market

Start with breakfast at the hotel before enjoying a 2-3 hour white water rafting adventure on the Ayung River. Experienced guides will provide safety instructions and equipment. After rafting, have lunch at a local restaurant. In the afternoon, explore the Ubud market, ideal for shopping for Balinese sarongs, batik, wood carvings, paintings, and fresh produce. The Cozy Villas Lembongan.

DAY 4 **B D**

Ubud Free Day at Leisure

Breakfast at the hotel. Whole day is free at own leisure or for an optional tour such as Mount Batur Trekking or Cooking Class which you could arrange on spot through our Leader. Stay and overnight at Bakung Ubud or similar.

DAY 5 **B**

Short Boat Transfer Ubud to Lembongan

Breakfast at hotel. A short transfer from Ubud to Sanur harbor to catch your 40 minutes cruise Boat to Lembongan island. Arrive on the island, Check in at your Hotel and Afternoon is free at leisure Stay and overnight at The Cozy Villas Lembongan or similar.

DAY 6 **B**

Diving Course

Breakfast at hotel. Lembongan is a small island located off the coast of Bali. It is a popular destination for scuba diving and snorkeling, thanks to its crystal-clear waters and abundant marine life. You will start the Open water course by Theory and pool session.

DAY 7 **B**

Diving Course

Breakfast at the hotel. The 2nd day of the diving course will bring you to the ocean for 2 Dives about 10-12 m depth. Stay and overnight at The Cozy Villas Lembongan or similar.



DAY 8 **B D**

Diving Course or Non-Diver Program

Breakfast at the hotel. The 3rd day of the diving course will bring you to the ocean for 2 Dives about 12-18 m depth. Stay and overnight at The Cozy Villas Lembongan or similar.

DAY 9 **B**

Transfer to Gili

Breakfast at the hotel. The Boat transfer from Lembongan to gili is about 3 hours with some stops before you reach Gili Trawangan. Gili Trawangan is a great place to visit if you are looking for a relaxing and fun vacation. There are plenty of things to do on the island, so you are sure to have a great time. After checked in, we explore the island by bicycle about 1 hour. Stay and overnight at Aston Sunset Gili Trawangan or similar.

DAY 10 B

Morning SUP & Afternoon Free at Leisure

Breakfast at hotel. Stand up paddleboarding (SUP) is a great way to explore the beautiful waters of Gili Trawangan. The island is surrounded by clear turquoise waters and coral reefs, making it a perfect place to paddle around and see the marine life. Stay and overnight at Aston Sunset Gili Trawangan or similar.

DAY 11

Snorkeling Around Gili Islands

Start the day with breakfast at the hotel. The Gili Islands, off the coast of Lombok, are famed for their white-sand beaches, clear waters, and rich marine life. Snorkeling is a popular activity, but be mindful of tides and currents, swim with a buddy, and respect marine life and coral reefs. Stay overnight at Aston Sunset Gili Trawangan or a similar hotel.

DAY 12 B

Gili Trawangan - Canggu Bali

Enjoy breakfast at the hotel. At appropriate time, we will leave the hotel and walking to the harbor to catch the Boat to Bali. It takes about 3 hours to get to Padangbai Bali with stops in some small islets. On arrival in Padang Bai, our Bus is waiting there to escort you to Canggu. The rest of the Day is free at leisure. Accommodation at Koa D'Surf or similar.

DAY 13 B D

Surfing Lesson in Kuta & Farewell Dinner

Enjoy breakfast at the hotel, then transfer to Kuta Beach for a beginner-friendly surfing lesson. Kuta's gentle waves make it an ideal spot to learn the basics, including paddling, catching waves, and standing up on the board. With your instructor's guidance, you'll be riding your own waves by the end of the lesson. Return to Canggu for free leisure time before heading to a farewell dinner in the evening. Stay overnight at Koa D'Surf or a similar hotel.

DAY 14

Departure

Breakfast in the hotel. Morning is free at leisure until hotel check out time (note: hotel check out time policy is at 12:00 hr. Day use of the room until 18:00 hr possible to arrange with supplement-but subject to availability) At the appropriate time we pick you up for departure transfer to the airport, for your onward flight to your next destination.

B Breakfast L Lunch D Dinner



Good to know:

- Cycling, paddling, and surfing are eco-friendly activities with less environmental impact.
- Low-impact activities preserves Bali's landscape, marine habitats, and local communities.



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BALI FIREFLIES SAFARI

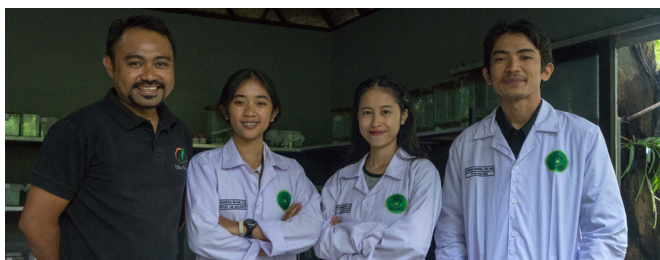
with Local Conservationist

One Day Trip

Magical Firefly Enchantment: A Starry Night Adventure in Bali

If you've ever wished upon a twinkling star, get ready to experience that magic up close with fireflies! Tonight, your host will guide you through a whimsical adventure to see these enchanting creatures, often considered nature's very own stars. As you stroll through the twilight, you'll witness their mesmerizing dance of glowing lights, creating a hidden world of wonder.

Learn why fireflies are cherished in Balinese culture, believed to guide spirits to the afterlife and play a vital role in maintaining a healthy environment. This magical evening promises to be a heartwarming and unforgettable highlight of your Bali adventure.



HIGHLIGHT ACTIVITIES



A short walk through a local plantation area to explore its natural habitat.



Witnessing the magical light show of fireflies in their natural habitat (Based on its population cycles in the natural habitat).



Learning about firefly conservation and how you can help protect these wondrous creatures.



Engaging in a short cooking experience, making local dishes with the host's family members.



Your carbon footprints in this trip (with maximum up to 17 pax)



Transportation
0 tCO₂e



Accommodation
0 tCO₂e



Food and Beverages
0 tCO₂e



Fireflies Safari
0 tCO₂e



Visiting plantation
and agriculture
0 tCO₂e



Average per Person
0.001 tCO₂e



Total Emissions
0.01 tCO₂e

Carbon Impact & Balancing



Total emission of
0.001 tCO₂e



Can be balanced
by planting 0.01
mangrove trees



Could prevent
shoreline loss due
to sea level rise
from Arctic ice melt

*lifespan 8 years

Trip Agenda



Meet your host

The team at the Firefly Conservation House are a fascinating mix of firefly-obsessed scientists and passionate conservationists deeply connected to the local community. They're working tirelessly to protect firefly habitat, partnering with farmers to adopt non-chemical farming processes, and conducting research in their lab - all while respecting the traditional knowledge that values these enchanting creatures. This isn't some sterile lab - get ready to learn, get your hands dirty, and feel like you're making a real difference.



Good to know:

- The program helps conserve firefly populations, ensuring your participation protects these enchanting creatures and their habitat.
- This company curated this experience to educate you on environmental issues like habitat loss and light pollution, deepening your understanding of ecological challenges.
- The cooking experience uses locally sourced ingredients and allowing you to enjoy authentic Balinese cuisine while supporting the local economy.



Preparing for the Safari.



5:00 PM Gather at the Rumah Konservasi Kunang-Kunang, the Home for Fireflies Conservation.



Meet our expert guides who will provide a brief introduction about fireflies and the safari plan.



Get ready with comfortable clothing, insect repellent, and any necessary equipment.



6:30 PM Cooking and Experience.



7:00 - 8:00 PM Observing Fireflies' Activities



As the sun sets, the fireflies begin their mesmerizing activities.



Venture into the heart of the local plantation area and farming ground of Taro village.



Your guide will lead you to the perfect spot where fireflies start sending blinking signals to mate.



Learn about their behavior, habitat, and how they contribute to the ecosystem.



8:30 PM Witness the peak of the fireflies' activities, where the night sky is illuminated with their magical glow.



Enjoy the enchanting atmosphere as you immerse yourself in the wonders of nature. End of activities.



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Bali & Singapore

MANGROVE Conservation Trip

One Day Trip

Be A Mangrove Farmer for A Day

Become a mangrove farmer for a day on stunning Harapan Island, Thousand Island, DKI Jakarta. Learn how planting mangroves helps to fight climate change, prevent coastal erosion, and support local coastline communities. Experience the rewarding hands-on conservation efforts.

HIGHLIGHT ACTIVITIES



Climate Change Education.



Mangrove Seedling.



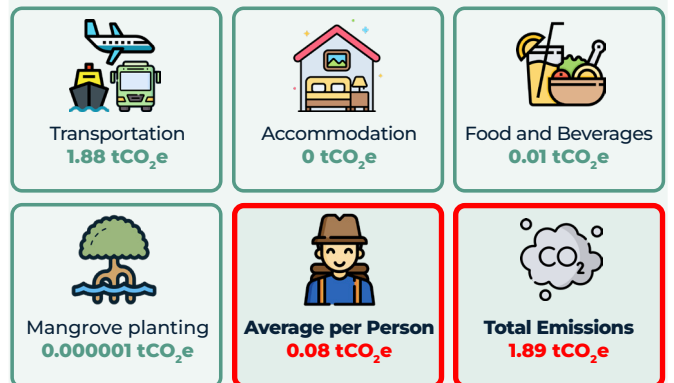
Mangrove Planting.



Engage with Local Champion on Blue Conservation.



Your carbon footprints in this trip (with maximum up to 100 pax)



Carbon Impact & Balancing



Trip Agenda



 **Duration: 9 hours**



Arrival

2 hours boat ride from Ancol, North Jakarta at 8 AM to the hidden gem of Thousand Island, Pulau Harapan, where crystal clear water filled with lush mangrove forest.



Activity

Education regarding our climate & how mangrove plays an important role in combating climate change. Then, we seed the mangrove and plant it together with our local community.



Departure

2 hours boat ride back to Ancol, North Jakarta



Good to know:

- Bumi Journey is a social enterprise that is named as the winner of ASEAN Social Enterprise Development Programme 2024 and the team has taken Travelife Sustainability certification.
- From 2021 to 2024, Bumi Journey has planted more than 12,000 mangroves seedlings and baby corals, giving economic impact to more than 240 coastal community beneficiaries, as well as contributing to climate action and coastal restoration.
- Worry less because this trip is a single-use plastic free trip & all foods are sourced locally.

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TRADITIONAL VILLAGES AND BATUR'S Youngest Crater Volcano Cooking

One Day Trip

Experience Bali's Hidden Treasures and Volcanic Wonders!

Embark on an unforgettable journey through Bali's rich heritage and breathtaking landscapes. Start your adventure at the majestic Pura Kehan, an ancient 11th-century temple guarded by a mythical dragon, before exploring the charming Bali Aga village of Penglipuran, where time-honored traditions come to life. Marvel at the awe-inspiring views of Mount Batur from Kintamani, then lace up your boots for a thrilling hike across lava flows and ash-cones. At the summit, indulge in a unique culinary experience, where your meal is cooked using the earth's own geothermal energy.

This eco-friendly adventure offers panoramic vistas of Bali's iconic mountains and lakes, making it a must-do for nature lovers and cultural enthusiasts alike. Don't miss out-reserve your spot today!

HIGHLIGHT ACTIVITIES



Visit an 11th-century ancient temple, Pura Kehan.



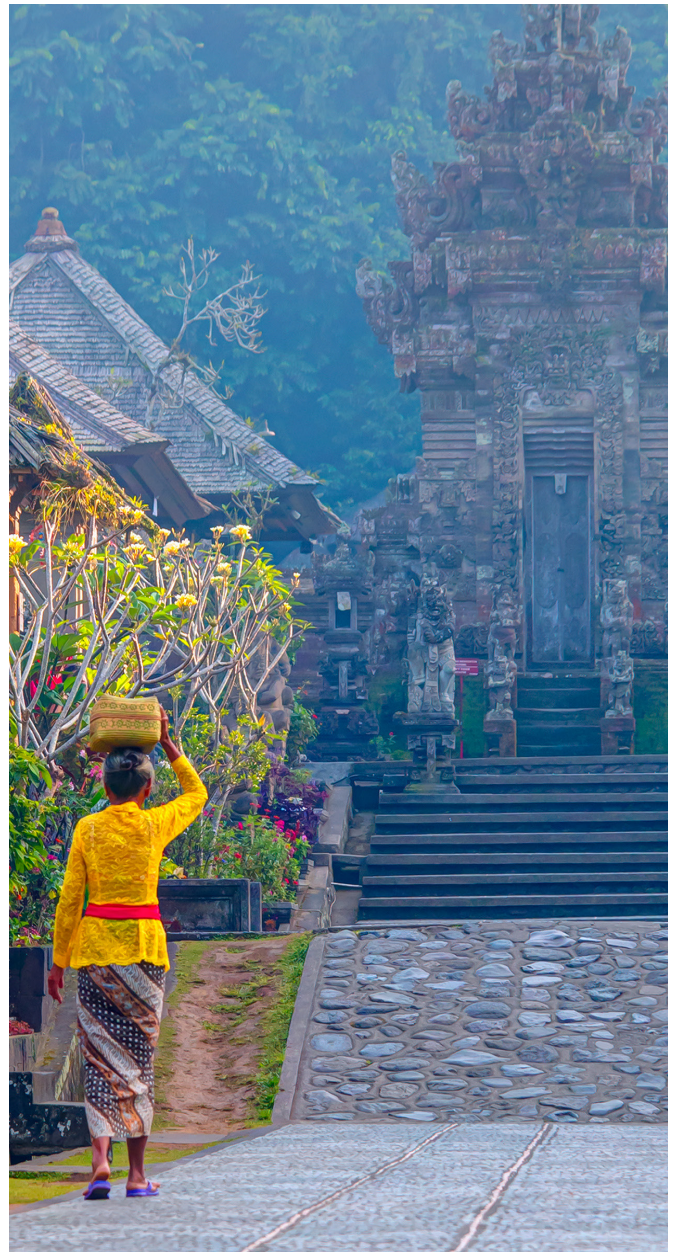
Visit the village of Penglipuran, which focuses on Balinese cultural preservation.



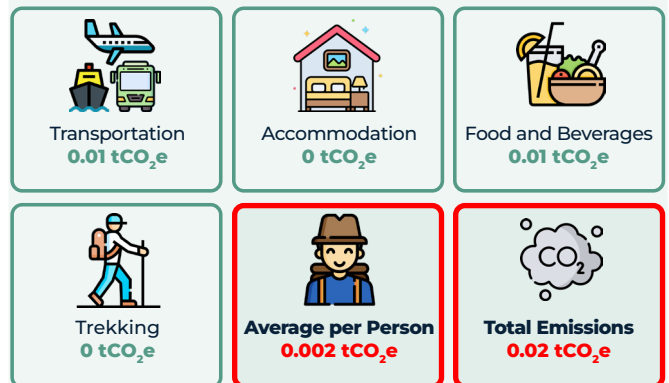
Trek through the youngest crater of Mount Batur.



Prepare part of the meal using the heat from one of the volcano's steam vents.



Your carbon footprints in this trip (with maximum up to 10 pax)



Carbon Impact & Balancing



Trip Agenda



Good to know:

- This company is Travelife-certified.
- This company gives alternative to the overtourism sunrise Batur experience.
- Collaboration with local partners which promote the same sustainability vision is prioritized.



Morning:

- Visit Pura Kehan, an 11th-century temple complex near Bangli.
- Climb 38 steps to the Kori Agung gateway and explore the courtyard.



Mid-Morning:

- Proceed to Penglipuran Village, a well ordered Bali Aga village surrounded by plantations and bamboo forests.
- Explore the village and learn about the Adat, the ancient rules and regulations followed by the local community.



Late Morning:

- Head to Kintamani for stunning views of Mount Batur and Lake Batur.



Afternoon:

- Begin a hike through the lava flows and ash cones of Mount Batur, experiencing panoramic views of the caldera, Lake Batur, Mount Abang, and Mount Agung.
- Explore fumaroles and see colorful mineral deposits.



Late Afternoon:

- Enjoy a unique meal cooked using volcanic heat, while sipping afternoon tea.



Evening:

- Descend the mountain and return to your hotel.

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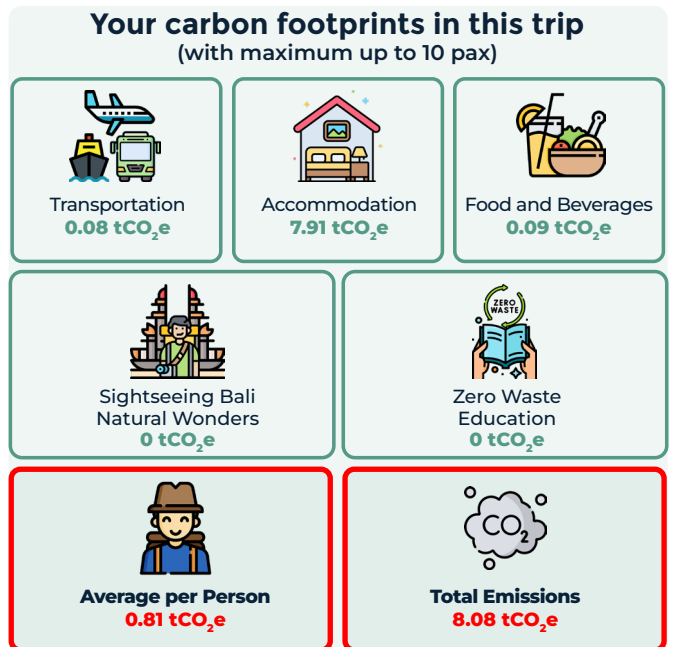
BALI GREEN TRAILS

 7D/6N

Bali's Hidden Wonders: An Eco Adventure Through Mystical Villages and Verdant Landscapes

Experience the vibrant culture and stunning beauty of Bali on this 7-day, 6-night adventure. Start in the peaceful highlands of Munduk, exploring coffee plantations and trekking through lush landscapes. In Ubud, cycle through charming villages, enjoy a royal high tea, and connect with local traditions.

Wrap up your adventure in Seminyak, where you'll dive into a zero-waste lifestyle—recycling paper, making soap, and shopping for authentic crafts. It's the perfect blend of nature, culture, and sustainability, set in Bali's most stunning spots!



HIGHLIGHT ACTIVITIES

- 

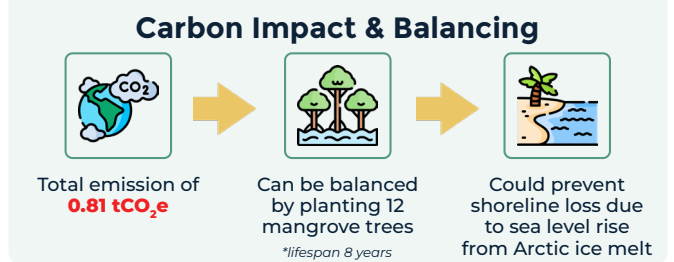
Organic Coffee Plantation: learn traditional coffee processing as well as supporting the local farmers of Munduk.
- 

Special Ubud Tour: visit a unique bamboo compound which buildings made of low-impact local natural materials, bamboo, adobe and thatch.
- 

Traditional Bali and Natural Wonders: visit local farms, to witness the rural life of locals and to learn more about rice cultivation, as well as subak irrigation system.
- 

Zero Waste Tour: join upcycling activities at the ZeroWaste Soap station.
- 

Seminyak Shopping Spree: help reducing environmental impact by choosing to shop from curated sustainable brands.



Trip Agenda



DAY 1 B

Arrival, Coffee Plantation

Arrive at Denpasar Airport, meet your guide, and transfer to Munduk in an air-conditioned ride. Kick off your trip with a fresh-air tour of a local coffee plantation—learn how coffee is grown and processed, with a chance to see cherry processing during harvest season (June–August).

DAY 2 B

Rainforest Trekking, Canoeing

After breakfast, head to Bedugul for breathtaking highlands and lakes. Visit the floating Ulun Danu Temple at Lake Beratan, then trek through the rainforest around Lake Tamblingan and take a serene canoe ride. Wrap up the day at Mengwi's beautiful Taman Ayun Temple before checking in at your Ubud hotel.



DAY 3 B L

Ubud Tour, Cycling

Visit the John Hardy Jewelry factory for a quick intro to their jewelry-making process and check out their stunning collection. Then, hop on a mountain bike and cycle through Balinese villages, riversides, and rice paddies, taking in the peaceful countryside.

DAY 4 B L

Campuhan Walk, Tea Experience

Start the day with a trek through the Tukad Wos valley, passing rice fields and the ancient Gunung Lebah Temple. Enjoy the iconic Campuhan ridge walk before lunch at a riverside resort. In the afternoon, unwind with a High Tea by the Ayung River, complete with a flower footbath and massage.





DAY 5 **B L**

Traditional Bali Wonder

Visit Subak Guliang village to learn about Balinese farming and the famous Subak irrigation system. After a rice field lunch, explore the 11th-century Pura Kehan temple and the traditional Bali Aga village of Penglipuran, ending with panoramic views of Mount and Lake Batur.

DAY 6 **B**

Zero Waste Tour

Dive into Balinese craftsmanship by making eco-friendly bandanas, sustainable soap, and learning about waste management. End the day with a visit to the Reforestation Centre and Marine Centre, and a Jamu herbal medicine tasting-supporting local environmental education!

DAY 7 **B**

Shopping in Seminyak, Departure

Shop Seminyak's best boutiques, from trendy fashion to boho chic, all focused on sustainability and local craftsmanship. End the day with a transfer to the airport for your flight.



Good to know:

- The Subak system, featured in the Traditional Bali and Natural Wonders tour, is not only unique but also recognized as a UNESCO World Heritage Site in 2012.
- Accommodations that balance luxury with sustainable tourism and community care are used in the itinerary.
- Promotes authentic experiences and meaningful engagement throughout this itinerary.

This company sponsors a student's education through Bali WISE by ROLE Foundation and the profits from Zero Waste Tour are used to support public school children and NGOs.



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Heritage

Discover the rich tapestry of history and tradition on a heritage journey that takes you deep into the heart of ancient cultures and timeless architecture. Experience the stories of the past come alive as you explore sacred sites, historic landmarks, and local customs that have been preserved for generations.

JOGJA ACTIVE Classic Trip

 5D/4N

Eco-Adventure in Yogyakarta: Cycling, Cooking Class, Sunset Walks, and Tree Planting

Embark on an unforgettable journey to Yogyakarta, where you'll cycle from temple to temple, feeling the breeze as you explore ancient paths and marvel at centuries-old architecture. As the day winds down, enjoy a peaceful walk to watch a stunning sunset, casting golden hues over the serene landscape.

This trip offers more than just adventure; you'll also make a positive impact by planting trees, helping to sustain the environment and preserve the natural beauty of this incredible destination.

HIGHLIGHT ACTIVITIES



Walk along Code River.



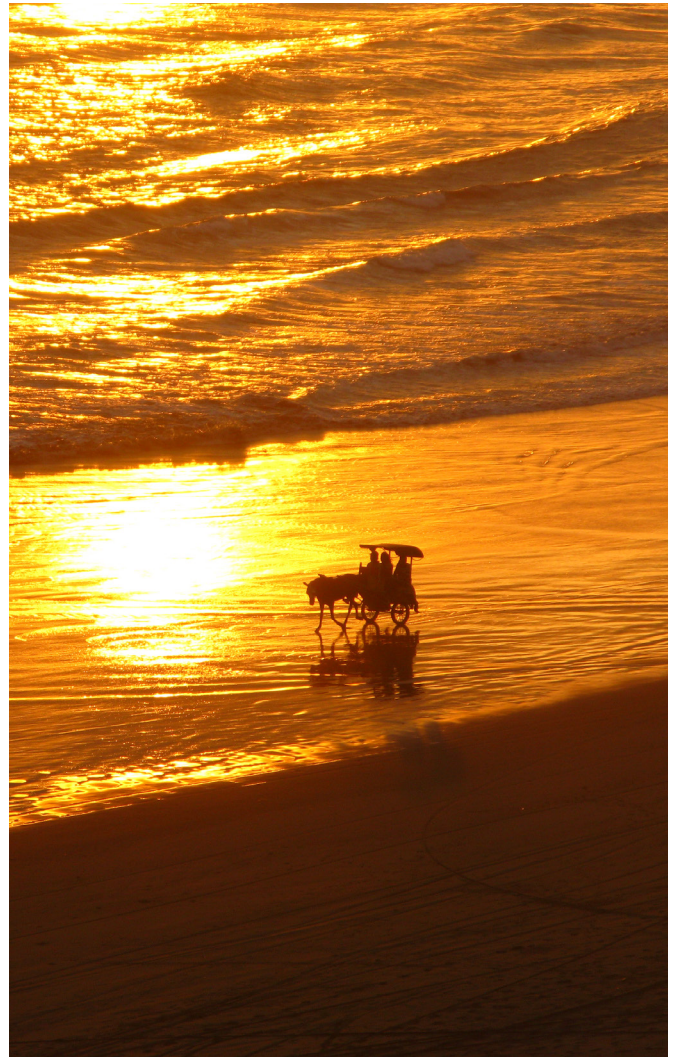
Bike tour from Borobudur to Prambanan Temples.



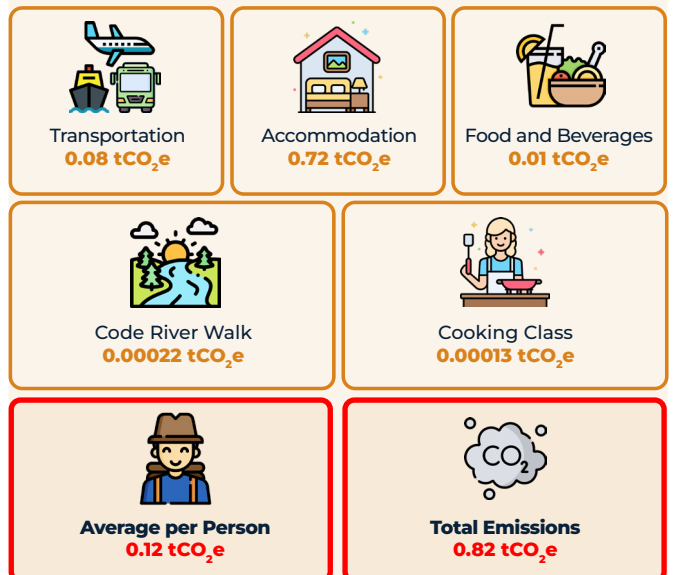
Cooking course with local experts.



City strolling by becak, a local public transportations.



Your carbon footprints in this trip (with maximum up to 7 pax)



Carbon Impact & Balancing



Trip Agenda



Good to know:

- By choosing this package, guests contribute to planting 6 trees in collaboration with Trees4Trees and local farmers.
- Throughout the trip, guests will play a role in reducing plastic waste by using complimentary water refill stations, made possible through a collaboration with RefillMyBottle.
- Learning about Yogyakarta's Philosophical Axis while cruising on local transport.



DAY 1

No meals

Begin your adventure with a smooth airport pick-up and a warm welcome from our friendly staff. After check-in, enjoy a stroll along the Code River, exploring one of Jogja's vibrant and bustling neighborhoods.

DAY 2



Get on a scenic bike tour from Borobudur to Prambanan Temples, immersing yourself in Java's rich history.

DAY 3



Participate in a morning cooking course on the third day and enjoy a serene Sunset Walk in the afternoon.

DAY 4



Explore Yogyakarta's Philosophical Axis by becak and get creative in a street art workshop. It will be the highlight of the fourth day.

DAY 5



Transfer back to the airport.



Connect to VIAVIA

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Explore the Enchanted DIENG PLATEAU

 4D/3N



Ancient Wonders: An Unforgettable Adventure at Ding Plateau

Step into the enchanting Ding Plateau and journey back to the heart of ancient Javanese history. This magical experience offers breathtaking natural wonders, awe-inspiring volcanic landscapes, and vibrant lakes. Immerse yourself in rich local traditions and explore ancient temples.

Uncover cultural gems with mystical workshops and stargazing under the night sky, then get your adrenaline pumping with thrilling river tubing and jungle adventures. Conclude your adventure with tranquil moments at serene spots and savor the explosion of flavor with a refreshing sip of local tea!

HIGHLIGHT ACTIVITIES



Inscription writing class.



Dwarawati Meditation.



Wayang Mendong workshop.



River tubing at Bajing river.



Your carbon footprints in this trip (with maximum up to 15 pax)



Transportation
0.17 tCO₂e



Accommodation
1.05 tCO₂e



Food and Beverages
0.11 tCO₂e



Sightseeing Bajing River
0 tCO₂e



Workshop at Wayang Mendong
0 tCO₂e



Average per Person
0.09 tCO₂e



Total Emissions
1.32 tCO₂e

Carbon Impact & Balancing



Total emission of
0.09 tCO₂e



Can be balanced
by planting 1
mangrove trees
*lifespan 8 years



Could prevent
shoreline loss due
to sea level rise
from Arctic ice melt





DAY 1 B L D

Begin your adventure with a pick-up from the airport or train station and dive straight into the mystical Tuk Bima Lukar Temple Complex. Marvel at the ancient grandeur of Arjuna Temple before unleashing your creativity in a Prasasti writing class. Next, explore the awe-inspiring Candradimuka Crater and check in to your hotel for some well-deserved rest. After settling in, immerse yourself in the Pawon Experience before transferring back to your hotel to relax and unwind for the evening.

DAY 2 B L D

Start your day with an early morning call and witness a breathtaking sunrise. Dive into the Ondo Budho experience before exploring the fascinating Liyangan Site, the Jumprit Site, and the mesmerizing Ratapan Angin Stone. Engage in a hands-on Wayang Mendong making workshop, then transfer back to your hotel for a Javanese astrology reading. Finish your day with some well-deserved rest.

DAY 3 B L D

Transfer to Petungkriyono for an exciting day of adventure! Explore the stunning Curug Bajing waterfall, then dive into the thrill of river tubing at Welo Asri. Enjoy a short but exhilarating jungle trip in Petung Kriono before heading back to your hotel to unwind and rest.

DAY 4 B L

Start your day with a peaceful meditation at Dwarawati Temple before enjoying a hearty breakfast and checking out. Embark on a scenic walking tour through Tambi Garden Tea and soak in the beauty of Telaga Menjer. Conclude your adventure with a transfer to the airport or train station for your departure.



STAY AT TANI JIWO

Tani Jiwo means 'farmer soul' in native language of Bahasa Jawa. This hostel wanted to showcase and preserve the spirit of Indonesian farmers to always nandur-sedulur (growing family bonds) for all to experience. Tani Jiwo also supports the empowerment of young tourism activists in Dieng by collaborating in every tourism activity offered.



Good to know:

- Supporting local tourism actors economically in Dieng surrounding.
- Supporting culture preserved in Dieng surrounding.
- Unnecessary waste is eliminated when possible throughout all activities.

Connect to SEJIVA

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 Jakarta & Lombok

BALI LOMBOK

Eco Harmony

 17D/16N

Immersive Bali: A 17-Day Journey Through Culture, Cuisine, and Heritage

Discover the charm of Bali and Lombok through their vibrant culture, cuisine, and heritage. Start your adventure in Bali, cycling through Tabanan's lush green landscapes or hiking to Munduk's hidden waterfalls. From Amed's volcanic beaches to Sidemen's stunning rice terraces, Bali's natural beauty offers a deep connection to the land.

Then, head to Lombok, where the Sasak people welcome you to experience their traditional way of life. Explore Tetebatu's dramatic scenery or relax on the pristine beaches of the Gili Islands, uncovering a new side of Indonesia's rich culture.

HIGHLIGHT ACTIVITIES



Cycle through Bali's countryside on a 3 to 4-hour ride along scenic paths.



Trek to Munduk waterfalls on a 4-hour hike through rice fields, plantations, and natural pools, with a picnic lunch.



Explore the coffee-making process from tree to cup in a hands-on workshop, followed by a visit to a local family home.



Experience farmer life in Sidemen by learning traditional agricultural practices, from plowing fields with cows to crafting palm leaf art and distilling village wine.

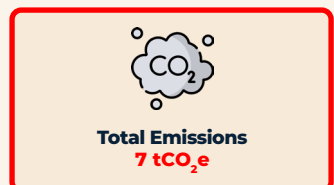
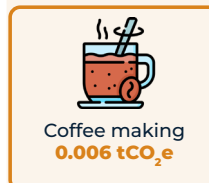


Hike near Rinjani volcano in Tetebatu, Lombok, and learn bamboo weaving and clay roof tile production with a local family.



Your carbon footprints in this trip

(with maximum up to 15 pax)



Carbon Impact & Balancing



Total emission of
0.74 tCO₂e



Can be balanced by planting 11 mangrove trees

*lifespan 8 years



Could prevent shoreline loss due to sea level rise from Arctic ice melt

Trip Agenda



DAY 1

Arrival Denpasar

Upon arrival at Denpasar airport, meet your local Balinese guide and transfer to your hotel in Tabanan. After check-in, enjoy the rest of the day at your leisure, exploring the area and meeting the locals. Free dinner. Overnight in Tabanan.

DAY 2 **B L**

Jatiluwiuh & Batukaru-Tabanan

After breakfast, depart with your guide for a scenic downhill bicycle ride (3-4 hours, easy to moderate) to Yeh Hot Springs, passing through valley and rice fields. Enjoy a picnic lunch at the springs before heading to UNESCO listed Jatiluwiuh rice terraces and Batukaru Temple. Return to your hotel for a free evening. Overnight in Tabanan.

DAY 3 **B L**

Tabanan-Pupuan-Pekutatan

Today, embark on a 3-4 hour guided walk through the Batukaru nature reserve, exploring the lush Balinese jungle and its diverse wildlife including monkeys and deers. Return to the Eco Lodge for lunch. In the early afternoon, drive towards the west coast of Bali to Pekutatan, known for its black sand beaches and beautiful sunsets. Overnight in Pekutatan.

DAY 4 **B L**

Pekutatan-Rambut Siwi-Munduk

Heading north, discover the temple of the sea Rambut Siwi, renowned for its breathtaking panoramas. Walk to a turtle sanctuary and to the port to see the colourful phinisi boats. Stop for lunch at a local restaurant on the way to Munduk for an afternoon at leisure. Overnight in Munduk.

DAY 5 **B L**

Sekumpul-Munduk

This morning, explore the lush green countryside between plantations and jungle during a 4-hour guided trek to the Sekumpul waterfalls. This is the perfect spot for a refreshing swim and a simple picnic lunch around the natural pools before continuing to 50-meter-high waterfall, then return to the village.

DAY 6 **B L**

Munduk-Bedugul-Plaga

Breakfast at the hotel and free morning at leisure. At 11:00, meet your guide and drive to Bedugul. Visit the Ulun Danu temple, floating on the Lake Bratan, and enjoy your lunch at a local restaurant. Continue to Plaga and check-in to your hotel in the late afternoon. Overnight in Plaga.



DAY 7 **B L**

Plaga-Kintamani-Ubud

Drive through the luxuriant vegetation to Kiadan village for a coffee-making workshop. Enjoy organic coffee and Balinese snacks while learning the process from planting to grinding. Have lunch at a local home, then head to Ubud, stopping on the way at Kintamani for views of Mt. Batur and Batur Lake. Overnight in Ubud.

DAY 8 **B L**

Ubud-Sidemen-Ubud

This morning, travel to Sidemen for a glimpse into Balinese life. Enjoy a 1-hour walk through the fields and experience farming skills like plowing with cows, cooking local dishes, drawing on palm leaves and distillation. Savor a delicious lunch prepared by the farmers before returning to Ubud for an afternoon at leisure. Overnight in Ubud.

DAY 9 **B L**

Goa Gajah-Besakih-Amed

Breakfast first, then depart Ubud to unveil the secrets of East Bali. Visit the 11th century sanctuary of Goa Gajah, and continue to Besakih, the 'Mother Temple' of Bali at the foot Mt. Agung. Explore Tirta Gangga's aquatic palace and enjoy your lunch before heading to Amed. Check-in at your hotel and relax along the sea. Overnight in Amed.

DAY 10 **B**

Amed-Tetebatu Lombok

It's time to leaving Bali behind you and jump of a speed boat to Lombok (crossing without guide). Upon arrival meet your new guide and driver and transfer to Tetebatu, at the foot of the mighty Rinjani volcano. Enjoy a free evening in these peaceful landscapes. Overnight in Tetebatu.

DAY 11 **B L**

Tetebatu-Kuta Lombok

Hike through Tetebatu's picturesque rice fields, plantations and monkey forest to the Tibu Topat Waterfall. After a lunch in the village, visit Loyok for a bamboo workshop with a local family followed by a stop at a clay roof tile village. Continue to Kuta on Lombok's southern coast, with a stop at a roadside market to sample exotic fruits. Overnight in Kuta.

DAY 12 **B L**

Kuta Lombok-Pink Beach-Kuta

From Pink Beach, embark on a snorkeling excursion to explore the vibrant coral gardens around Gili Peletu's twin islets. Enjoy a lunch snack before sailing to Tanjung Luar, passing a fishing village and a salting place. Return to Kuta by late afternoon for a free evening. Overnight in Kuta.

DAY 13 **B**

Kuta Lombok-Sasak Culture-Senggigi

After breakfast, take a short drive to Tanjung Aan for a swim and enjoy a fresh coconut by the bay, then return to the hotel to freshen up and check out. After a free lunch, explore the Sasak culture with a visit of the historical village of Ende, followed by Sukarara, where villagers produce ikat and sarung on traditional looms. Enjoy a local snack before continuing to Senggigi for the night.

DAY 14 **B L**

Gili Meno-Gili Air-Senggigi

In the morning, transfer to Teluk Nara and hop on a speedboat to the Gili Islands. Start with the clear waters and secluded beaches of Gili Meno and continue to Gili Air for lunch on the beach. Tie to relax and swim. In the afternoon, return to Teluk Nara and drive to your hotel in Lombok, stopping at Malimbu Hill for its spectacular views. Overnight in Senggigi.

DAY 15 **B**

Senggigi-Mataram-Senggigi

Discover Lombok's diverse culture with a tour of Mataram, starting with the visit of a local market and to Lingsar Temple, showcasing the blend of Hinduism and Waktu Telu. Explore the West Nusa Tenggara Museum to get a deeper understanding of the regional history and end the day at the Mayura Water Palace. Overnight in Senggigi.

DAY 16 **B**

Senggigi-Sanur

Free start of the morning and transfer to Lombok pier for a speedboat ride back to Bali. Arrival in the afternoon to your hotel in Sanur and rest of the day at leisure. Free meals and overnight in Sanur.

DAY 17 **B**

Sanur-Transfer to Denpasar Airport

Enjoy breakfast and a free day until departure (no guide or driver). Check out and release rooms before 12.00 p.m. Lunch and dinner are on your own account. Transfer to Denpasar Airport by private vehicle with an English-speaking guide, depending on your flight schedule.

☀️ Breakfast ☀️ Lunch ☀️ Dinner



Good to know:

- As a B-Corp certified company, we support local communities and travel in a responsible manner: explore itineraries off-the-beaten track and slow down the pace, approaching nature and traditional villages by hikes and bicycle trips in the rice fields.
- Use sustainable accommodations: our selection of hotels and eco-lodge are taking concrete actions to empower the rural population and be respectful of the environment.
- Support EXO Foundation: our non-profit organization actively improving positive societal and environmental changes in the tourism industry. We aim to maximize the potential for tourism to become a tool for poverty alleviation and sustainable development.



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ENCHANTING ECO-FRIENDLY TOUR OF JAVA

 **7D/6N**

Eco-Friendly Adventure: Discover Java Sustainably

Discover the cities of Java on foot, uncovering the deeper meaning and spirit of each place as you explore its streets. A walking tour offers an intimate connection with the vibrant culture and hidden stories of urban life. Alternatively, take a scenic train journey through Java, passing emerald rice fields and enjoying breathtaking views. For a sustainable adventure, join a cycling tour to a local village, supporting the environment while directly contributing to the local economy and experiencing rural life up close.







HIGHLIGHT ACTIVITIES

-  Walking tour throughout the major cities in Indonesia and uncover its deeper meaning and soul of the city.
-  Train ride throughout the island of Java.
-  Participating in a cycling tour to local village, as a direct impact to sustainability.






Your carbon footprints in this trip

(with maximum up to 14 pax)

 Transportation 0.09 tCO₂e	 Accommodation 2.24 tCO₂e	 Food and Beverages 0.09 tCO₂e
 Walking tour Jakarta and Bandung 0 tCO₂e	 Average per Person 0.27 tCO₂e	 Total Emissions 2.42 tCO₂e

Carbon Impact & Balancing

 Total emission of 0.27 tCO₂e	 Can be balanced by planting 4 mangrove trees <small>*lifespan 8 years</small>	 Could prevent shoreline loss due to sea level rise from Arctic ice melt
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Trip Agenda



Bandung Railway Station
Braga
Gedung Sate
Asian African Conference Museum



Punthuk Setumbu
Borobudur Temple
Prambanan Temple
Yogyakarta Railway Station
Kota Gede
Yogyakarta Airport

DAY 1 **D**

ARRIVAL IN JAKARTA

Welcome to Jakarta, Indonesia's capital where you'll have an overnight and enjoy a welcoming dinner at the hotel's restaurant.

DAY 2 **B L**

JAKARTA HALF DAY TOUR - JOURNEY TO BANDUNG

After breakfast, check out and embark on a half-day tour of Jakarta. Explore the Old Town, a historic area from Batavia's era, including the Jakarta Historical Museum. Within the same location, visit Acaraki, a café specialising in traditional Jamu beverages. After lunch in the Old Town, continue your journey to its neighbouring city, Bandung.

DAY 3 **B L**

BANDUNG CITY TOUR

Today, explore Bandung's rich history, starting at Gedung Sate, a former Dutch government building. Enjoy a walking tour of Braga, once a hub for the Dutch elite, visiting landmarks such as the Asia-Africa Monument, the 0 KM Monument, and the Asia-Africa Conference Museum. Watch a wooden puppet maker workshop before strolling along Braga Street, lined with Dutch-style architecture, and finishing at Braga Permai, a historic restaurant in the area.

DAY 4 **B L**

TRAIN JOURNEY TO YOGYAKARTA

After packing your breakfast at the hotel, we'll drive you to the train station to continue your journey by train, with lunch served on board. Upon arrival in Yogyakarta, you'll be picked up and taken to your hotel.

DAY 5 **B L**

PRAMBANAN TEMPLE - KOTAGEDE CITY TOUR

After breakfast, we'll drive to Prambanan Temple, where you'll be captivated by its intricate architecture and rich history. Then, head to Kotagede for lunch at a local restaurant. Afterwards, enjoy a walking tour of Kotagede, a historic area predating Indonesia's formation. We'll return to your hotel, and the rest of the day is free for leisure.

DAY 6 **B L**

BOROBUDUR SUNRISE - CANDIREJO CYCLING TOUR

Start your day early with a sunrise at Punthuk Setumbu, a short distance from Borobudur Temple. After visiting Borobudur, cycle through Candirejo Village, where you'll see locals harvesting vanilla and chilli, making cassava crackers, and playing traditional instruments. Then, drive back to Yogyakarta for a free at leisure for the rest of the day.

DAY
7 **B**

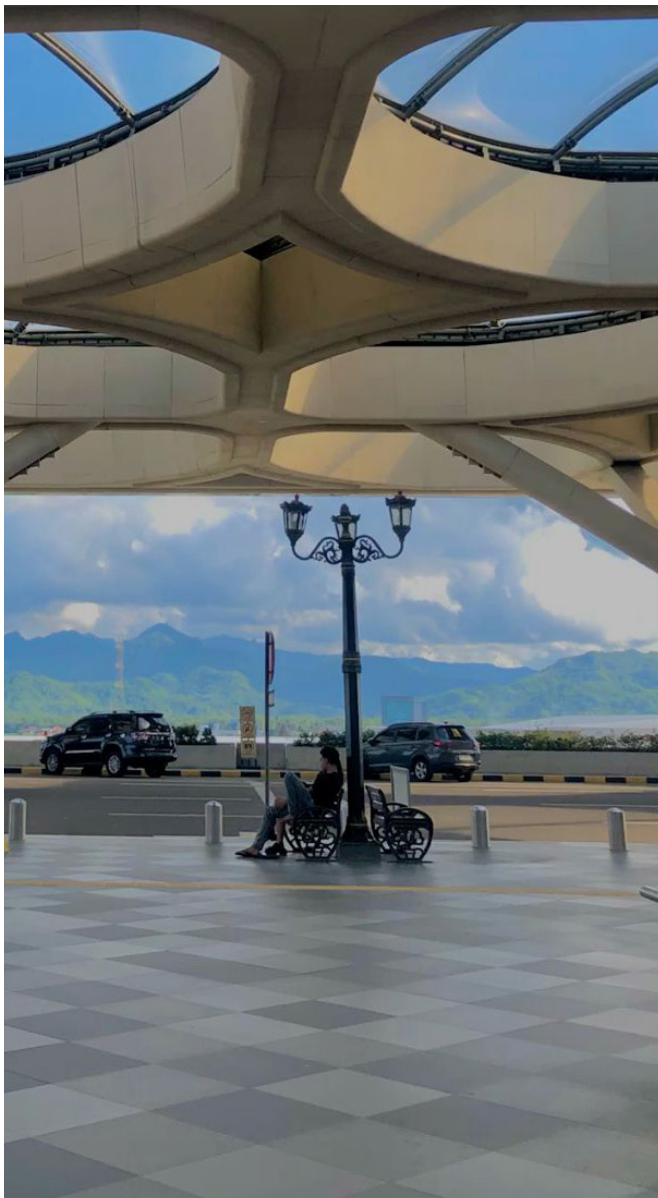
DEPARTURE

All good things must come to an end. Enjoy a final breakfast at the hotel before hopping on a transfer to the airport to catch your next flight.



Good to know:

- Walking tour throughout the major cities in Indonesia and uncover its deeper meaning and soul of the city.
- Enjoy the train ride throughout the island of Java passing by massive emerald-like rice fields along the way.
- Keep the sustainability of the environment while giving a direct impact to the local economy by participating in a cycling tour to local village.
- Taken through the historical passage of Indonesia by visiting important sites that shapes Indonesia today.



Connect to DISCOVA

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BALI

Sustainable Journey

 10D/9N

Discover Bali - A Journey of Sustainable Exploration

This trip is crafted with sustainability at its core, offering an enriching Bali experience that supports green accommodations, eco- friendly activities, and culturally immersive experiences. Each activity is thoughtfully designed to benefit the community and leave a lasting, positive impact on the environment and local culture.

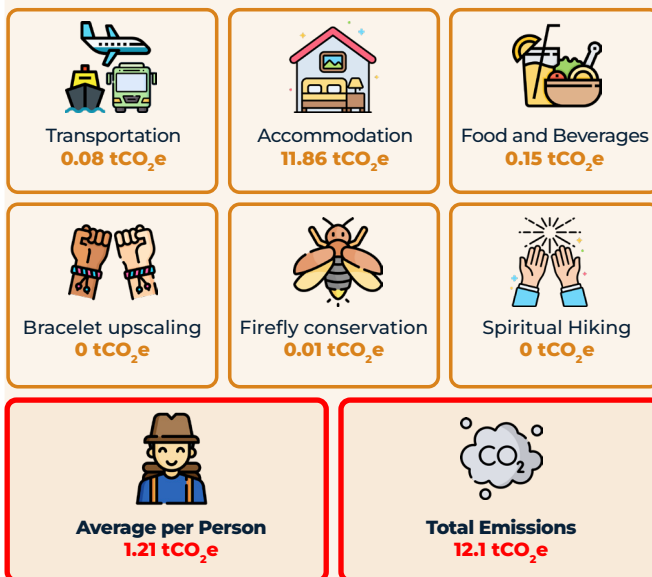


HIGHLIGHT ACTIVITIES

-  **Bracelet Making:** participate in an upcycling activity that transforms plastic into bracelets.
-  **Rain Forest Trekking and Canoeing:** trek through tropical rainforest then hop on a traditional dug-out canoe as you are rowed across Lake Tamblingan.
-  **Firefly Conservation Journey:** visit the world's first firefly laboratory and learn how fireflies contribute to environmental conservation.
-  **Empowering Balinese Women:** experience firsthand the grassroots initiative to empower marginalized women.
-  **Tarum Spiritual Trek:** trek through lush jungle and hidden local temples, to then experience a spiritual healing session.

Your carbon footprints in this trip

(with maximum up to 10 pax)



Carbon Impact & Offsetting



Trip Agenda



DAY 1

Arrival, Bracelet Making

Arrive at Denpasar, transfer to eco-friendly Munduk Moding Plantation. After check-in, join an upcycling workshop and make a bracelet from recycled plastic-an easy way to contribute to their conservation efforts.

DAY 2 **B**

Planting Tree, Sustainability Tour

Start the day by planting a tree and learning about organic coffee processing. Join a sustainability tour of the resort, followed by a visit to the plantation and garden for insights into eco-friendly farming.

DAY 3 **B L**

Rainforest Trekking and Canoeing

After breakfast, visit the floating Ulun Danu Temple, trek through Lake Tamblingan's rainforest, and enjoy lunch at an organic farm. End the day with a visit to Taman Ayun Temple before checking in at Kappa Senses Ubud.

DAY 4 **B L**

Jewelry Workshop, Cycling, Spa

Enjoy a jewelry-making session at John Hardy, followed by lunch. Take an e-bike ride through the countryside along the Ayung River, then relax with a healing massage at Fivelements before returning to your hotel.



DAY 5 **B D**

Firefly Conservation

Spend the day with Pak Wayan learning about firefly conservation, village life, and traditional cooking. Experience the magic of fireflies in the rice paddies as night falls.

DAY 6 **B D**

Balinese Women Empowering

Meet Ibu Sari and learn about her women’s center that supports divorced women. Join in center activities like herbal tea workshops or batik painting, and enjoy a meal prepared by the women.

DAY 7 **B D**

Spiritual Trek & Balinese Healing

Start the day with a traditional breakfast and offering-making in Tegalwangi village. Explore temples and experience a healing session, then relax at Potato Head Studio in Seminyak.

DAY 8 **B D**

Surfing Lesson, Zero Waste Tour

Take a private surf lesson in Sanur or Legian, followed by lunch at Art Café Bumbu Bali. Later, join an eco-tour to learn about sustainable practices, from natural dyes to marine conservation.

DAY 9 **B D**

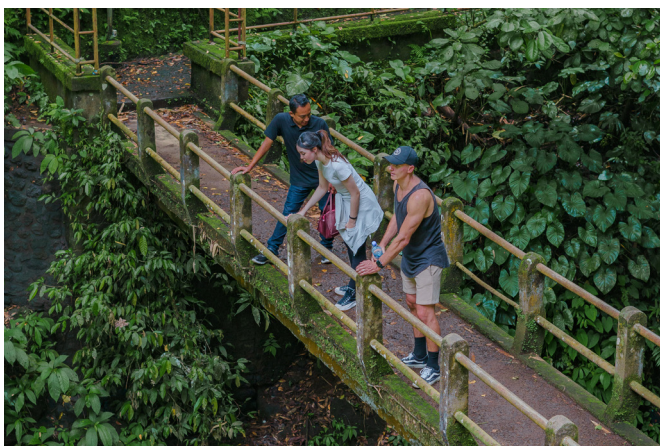
Shopping Spree in Seminyak

Enjoy a half-day walking tour of Seminyak’s best boutiques, supporting slow fashion and sustainable craftsmanship. End with a plant-based lunch at Tanaman.

DAY 10 **B**

Departure

After breakfast, check out and transfer to the airport for your onward flight.



Good to know:

- This company encourages local engagement to create authentic experiences, bridges understanding between travelers and hosts, and builds local pride and confidence.
- This company gives back part of the tour cost directly to support local community development (Firefly Conservation).
- This company won the 2024 PATA Gold Award for Women Empowerment Initiative.
- This itinerary is inspired by the philosophy of Tri Hita Karana, a Balinese tradition that emphasizes harmonious relationship between God, humanity, and nature.



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Marine

Set sail on a marine adventure that explores the vast, shimmering waters and the vibrant marine life beneath. Navigate through serene seascapes, uncovering hidden coves, pristine beaches, and underwater wonders that define the essence of oceanic exploration.

LUXURY KOMODO TRIP

 3D/2N

Luxurious 3-Day Sailing Adventure in Komodo National Park

Set sail to the stunning Komodo Islands on our luxurious Indonesian Phinisi boats. Dive into the beauty of Komodo National Park, vibrant reefs, and marine life, with plenty of snorkeling, diving, and even coral talks with marine scientists.

Relax in your ensuite cabin, enjoy gourmet meals, and unwind in lounges or Jacuzzis—all customized just for you. Plus, you can choose from eco-friendly boats with solar panels to help minimize environmental impact. With local guides to show you the way, you'll explore the islands while supporting the community.



HIGHLIGHT ACTIVITIES



Hike Kelor Island for panoramic views and local exploration.



Snorkel at Manjarite Island to explore vibrant coral reefs and marine life.



Trek on Komodo Island to observe Komodo dragons in their natural habitat.



Hike to Padar Island's famous viewpoint for stunning island views.



Relax or snorkel at Pink Beach, known for its pink-hued sand.



Swim with manta rays at the renowned Manta Point.



Snorkel around Kanawa Island to explore its underwater beauty.

Your carbon footprints in this trip (with maximum up to 14 pax)



Carbon Impact & Balancing



Trip Agenda



Komodo Island

Kelor Island



Padar Island



DAY 1 L D

Your adventure starts at 10 am with a boat check-in, then it's off to explore! First up, hike Kelor Island for epic views, then sail to Manjarite Island for some snorkeling and sunbathing in crystal-clear waters. End the day with a sunset cruise at Kalong Island, where you'll watch thousands of flying foxes take flight.

DAY 2 B L D

Day 2 starts with a hike to Padar Island's epic viewpoint for breathtaking views. Next up, Pink Beach-snorkel or chill on the pink sands. After lunch on the boat, trek Komodo Island to spot wild dragons. Then, dive in with manta rays at Manta Point, and wrap up the day with a sunset at Taka Makassar sandbar.

DAY 3 B

On Day 3, dive into fun with a swim and snorkeling adventure near Kanawa Island, enjoying the vibrant marine life. After your aquatic escapades, it's time to head back to Labuan Bajo. You'll arrive at Labuan Bajo Airport by 1:00 pm, concluding your unforgettable island journey!

B Breakfast **L** Lunch **D** Dinner



Good to know:

- This trip promotes responsible tourism by encouraging travelers to respect marine life and protect the ecosystems of Komodo National Park.
- This trip supports local communities by working with knowledgeable guides and providing authentic cultural experiences that empower the areas we visit.
- Indonesian Phinisi boats are equipped with modern safety gear and experienced crews for a secure adventure.
- This trip offer activities like snorkeling with marine scientists and learning local traditions, making your trip memorable.

Connect to SEEKSOPHIE

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Bali & Singapore

CORAL CONSERVATION TRIP

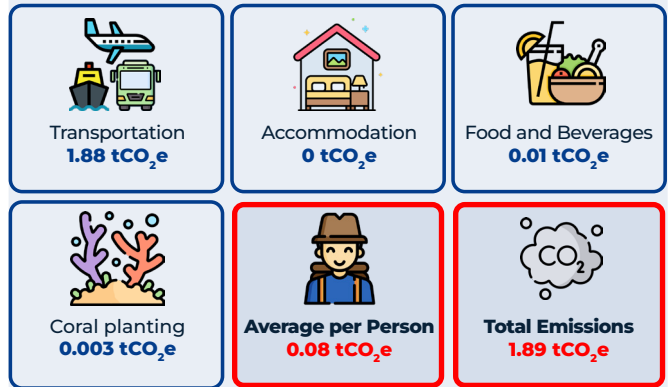
One Day Trip

Be A Reef Guardian for A Day

Become a reef guardian for a day on stunning Kelapa Dua Island, Thousand Islands, DKI Jakarta. Experience the rewarding impact of hands-on conservation efforts, maintaining marine biodiversity and ocean health



Your carbon footprints in this trip (with maximum up to 50 pax)



Carbon Impact & Balancing



HIGHLIGHT ACTIVITIES

- Climate Change Education.
- Coral Planting.
- Engage with Local Champion on Blue Conservation.





 **Duration: 9 hours**



Arrival

2 hours boat ride from Ancol, North Jakarta at 7:30 AM to the hidden gem of Thousand Island, Kelapa Dua Island, where crystal clear water is filled.



Activity

Experience coral conservation on Kelapa Dua Island with a climate education session and hands-on coral planting led by our local hero. Afterward, enjoy a seafood lunch and snorkel in the island's vibrant waters, exploring the marine life around.



Departure

2 hours boat ride back to Ancol, North Jakarta



Good to know:

- Coral conservation is essential to guarantee coastal protection and marine conservation. They are known as the “rainforest of the sea” because they are home to 25% of all marine species!
- Worry less cause this trip is a plastic free trip & all foods are sourced locally.
- In this trip, you will join local community initiatives, honored with the prestigious Kalpataru award nomination in 2024 for their coastal conservation.

Connect to BUMI JOURNEY

 bumijourney.com  [@BumiJourney](https://www.instagram.com/BumiJourney)
 business@bumijourney.com

DIVE INTO AMAZING RAJA AMPAT

 4D/3N

Enchanted Raja Ampat: An Exhilarating Adventure of Snorkeling, Diving, and Sunset Hikes

Embark on an exhilarating journey through the enchanting wonders of Raja Ampat. Discover the stunning landscapes of Piaynemo and dive into the vibrant underwater world with thrilling snorkeling sessions around Arborek.

Sail across the azure waters to Sauwandarek for exciting diving adventures and serene snorkeling opportunities. Engage in the unique experience of crafting natural virgin coconut oil soap. Finally, hike up Bukit Saupon for a breathtaking sunset that will leave you in awe.



HIGHLIGHT ACTIVITIES



Mangrove planting at Waifoil.



Natural VCO soap workshop with local community.

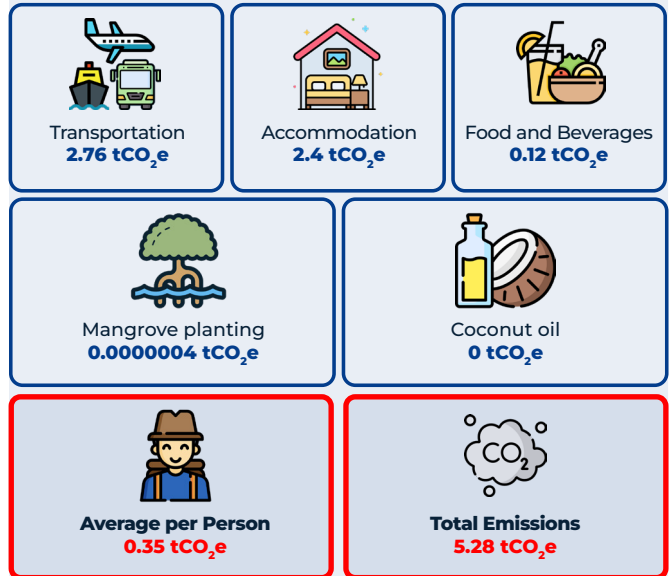


Snorkelling in Arborek.



Sunset trekking to Saupon hills.

Your carbon footprints in this trip (with maximum up to 15 pax)



Carbon Impact & Balancing



Trip Agenda



DAY 1 L D

Arrive at Domine Eduard Osok Airport and dive straight into the adventure with a boat ride to the mesmerizing Piaynemo. Savor a delightful lunch before exploring Piaynemo's stunning landscapes. Next, set sail to Arborek for an exhilarating snorkeling session and a unique mangrove planting experience. Finish the day with a scenic transfer to the accommodation, where you'll have a free afternoon to relax and unwind before enjoying a delicious dinner.

DAY 2 B L D

Start your day with a hearty breakfast at accommodation before heading out for snorkeling at the vibrant Sauwandarek. After exploring, enjoy a delicious lunch at Pasir Timbul. Spend the afternoon snorkeling around Friwen and then get hands-on with a natural VCO soap workshop. Return to the resort for some free time to relax before a sumptuous dinner.

DAY 3 B L D

Start with breakfast and checkout before boarding a boat to Kalibiru for exploration. After soaking in Kalibiru's beauty, continue by boat to Saupon via Teluk Mayalibit. Check in at Saupon Homestay, enjoy a relaxing tea time, then hike up to Bukit Saupon for a breathtaking sunset. Conclude the day with a delicious dinner and a restful night.

DAY 4 B L

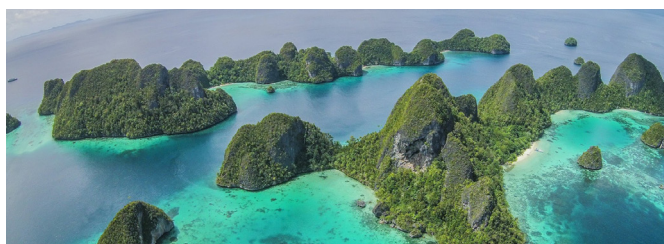
Start your day with a leisurely breakfast and a free morning to savor. After checking out, enjoy a delicious lunch before diving into the adventure of exploring TWA Sorong. Wrap up your thrilling journey with a transfer to the airport for your departure.





Raja Ampat Dive Resort

Nestled on a stunning isle in Raja Ampat, Raja Ampat Dive Resort provides an extraordinary beachfront escape with all-inclusive service. The resort's charming wooden architecture and decor create a rustic yet elegant atmosphere. Each room features modern comforts like air conditioning, a wardrobe, a personal safe, a cozy seating area, a luxurious canopied bed, and a private en suite bathroom, ensuring a perfect blend of comfort and tropical allure.



Good to know:

- Supporting local tourism actors economically in Raja Ampat.
- Supporting Mangrove forest conservation in Waifo.
- Unnecessary waste is eliminated when possible throughout all activities.

Connect to SEJIVA

 www.sejiva.id  journey@sejiva.id
 +6282124127266  Jakarta & Lombok



Gastronomy

Indulge in a gastronomic journey that takes your taste buds on a world tour of flavors, from traditional dishes to special masterpieces from garden to table. Savor the essence of each destination through immersive experiences, including market tours, cooking classes, and exclusive tastings that celebrate the art of food.

CULINARY DAY TRIP

One Day Trip

Culinary Trip: Javanese Delights and Evening Charm

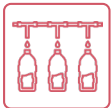
Join us for an exciting culinary adventure into Javanese snacks and traditional foods! Discover the secrets behind local delicacies as we explore bustling kitchens and secret recipes. This exclusive look will reveal the artistry and tradition behind each mouthwatering treat.

As the day ends, enjoy the enchanting evening at the southern square of the Sultan's Palace. Sip a famous colorful beverage and soak in the historic charm. It's the perfect way to savor the day's discoveries and embrace the lively atmosphere of a captivating location.

HIGHLIGHT ACTIVITIES



For every tour by 2 motorbikes or 1 car, this trip plants a tree in collaboration with Trees4Trees and local farmers.



This trip joins RefillMyBottle program to show our concern about mass plastic waste production. This trip provide water refill station in our office and it is free of charge.

Your carbon footprints in this trip (with maximum up to 7 pax)



Transportation
0.002 tCO₂e



Accommodation
0 tCO₂e



Food and Beverages
0.003 tCO₂e



One day trip
0.001 tCO₂e



Average per Person
0.001 tCO₂e



Total Emissions
0.007 tCO₂e

Carbon Impact & Offsetting



Total emission of
0.001 tCO₂e



Can be offset
by planting 0.01
Mangrove trees
*lifespan 8 years



Prevents 0.003m²
ice melting which
causes rising sea
levels



Trip Agenda



Visit a local warung: Start with a visit to a local warung specializing in “Lotek/Gado-Gado.” Learn about the ingredients, try grinding your own peanut sauce, and enjoy the salad as a late lunch.



Explore Bakpia: Discover the history of “Bakpia,” a popular Chinese-influenced traditional cake, and see its production process.



Snack tasting at a street stall: Stop at a small street stall to sample various local snacks, both sweet and salty, enjoyed by locals.



Taste Gudheg: Learn about and taste “Gudheg,” Yogyakarta’s most famous dish, and find out how it’s traditionally cooked.



South Square of Yogyakarta: Conclude with a visit to the south square, where you can try the popular ginger drink “Wedang Ronde” and experience the vibrant evening atmosphere.



Good to know:

- For every 2 motorbikes or 1 car used in the tour, the guests contribute to plant 1 tree, in collaboration with Trees4Trees and local farmers.
- Throughout the trip, guests will play a role in reducing plastic waste by using complimentary water refill stations, made possible through a collaboration with RefillMyBottle.
- Discover delicious homemade traditional dishes crafted by local small and medium enterprises.

Connect to VIAVIA

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BALINESE MANGGIS

Escape

 4D/3N

Serene Escape: Relax in Stylish Tent Pavilions with Stunning Views in Manggis Village, Bali

Escape the hustle and bustle of daily life and embrace the tranquillity of Manggis Village. Nestled in rolling green valleys, this serene retreat offers the perfect getaway from the chaos of the city. Stay in unique tent pavilions, designed for ultimate relaxation. From your cosy perch, enjoy panoramic views of the lush valley and distant ocean, creating an unforgettable backdrop for your peaceful escape.

HIGHLIGHT ACTIVITIES



Reconnect with nature away from the busy lives, enjoy the serene scenery of Manggis Village.



Stylish tent pavilions.



Traditional Indonesian cuisine, made by local citizen.



Support local farmer's group by harvesting your own meal preparations, fresh from the garden.

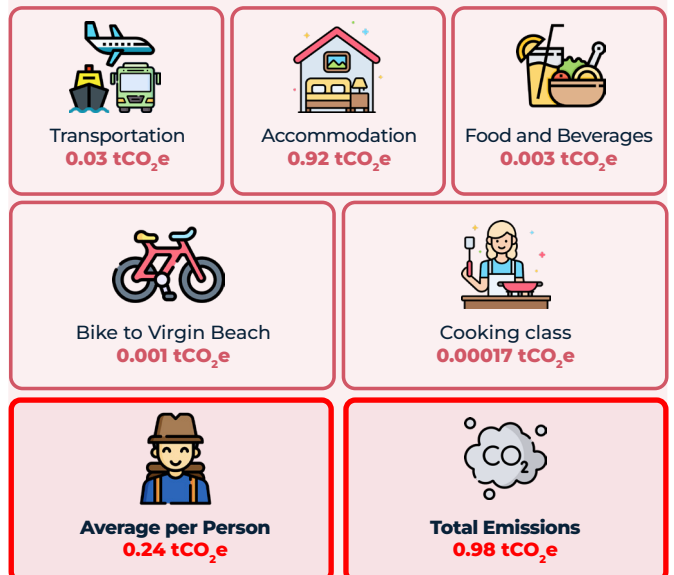


Practice sustainable living with local communities.



Your carbon footprints in this trip

(with maximum up to 4 pax)



Carbon Impact & Balancing



Trip Agenda



DAY 1 (No meals) Arrival in Bali

Welcome to Bali, the Island of the Gods. Upon your arrival, you'll be driven to Manggis in eastern Bali to begin your days of escape from the bustling side of the island.

DAY 2 B L Balinese Cooking Class - Manggis Village Walk

Learn to cook traditional Balinese dishes with local experts from the Manggis women's farmer group, renowned for their organic gardening in this charming East Bali village. Guided by a skilled female chef using traditional methods, discover the secrets of exotic spices and Balinese cuisine as you prepare your dishes. After enjoying your creations with stunning valley views, take a walk around Manggis Village to explore the history and impact of Discova's development initiatives on the local community.



DAY 3 B L

Bike from Kaura to the Beach - Balinese Massage

Depart Kaura at 9:30 AM for a bike ride along colourful, flower-lined roads, moss-covered shrines, and giant trees. Visit a bee farm run by a hearing-impaired couple and sample their honey. Ride through rice fields to Virgin Beach for a swim and a lunch at a beachside local restaurant. After a short transfer back to Kaura, relax with a one-hour Balinese massage before preparing for tomorrow's departure.

DAY 4 B DEPARTURE

All good things must come to an end. Enjoy a final breakfast at the hotel before hopping on a transfer to the airport to catch your next flight.

B Breakfast L Lunch D Dinner



Good to know:

- Escape from the busy lives and enjoy the serene scenery of undulated Manggis Village.
- Stays at a tent pavilion that are built along the green valley and enjoy the views of the ocean in the distance.
- This trip promotes authentic experiences and meaningful engagement.
- This company sponsors a student's education through Bali WISE by ROLE Foundation and the profits from Zero Waste Tour are used to support public school children and NGOs.

Connect to DISCOVA

www.discova.com hello@discova.com
+6281139617031 Yogyakarta & Bali

LUXURY WHITE SAND WANDERS

 15D/14N

Discover the Enchanted Isles: A 15-Day Luxury Eco-Adventure from Bali to Lombok and Sumba

Embark on a journey that seamlessly blends luxury and sustainability as you explore the rich cultural tapestry and breathtaking natural beauty of Bali, Lombok, and Sumba. This 15-day, 14-night adventure begins with an enlightening walking tour of Uluwatu Temple, where you'll delve into the island's spiritual heritage, history, and vibrant culture. From the ancient cliffs of Bali, venture to the pristine waters of the Gili Islands, where overwater and underwater explorations await.

Dive into a world of colorful marine life and relax in unparalleled luxury, all while embracing eco-friendly practices that honor and preserve the stunning landscapes and cultures you'll encounter. This is more than a trip; it's a transformative experience that redefines the art of travel.

HIGHLIGHT ACTIVITIES



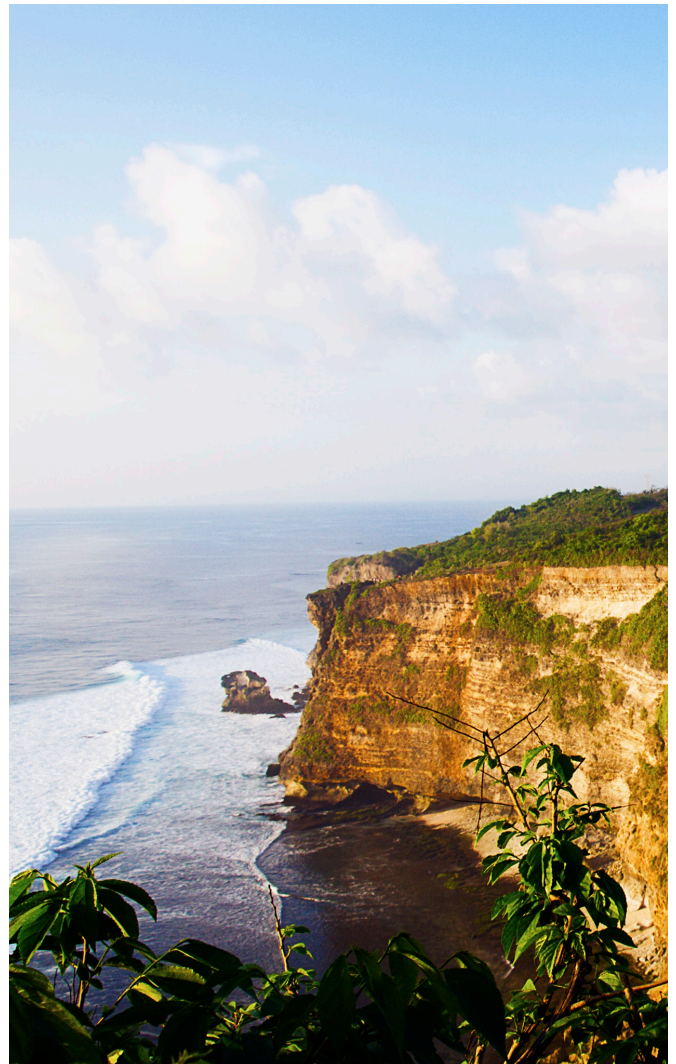
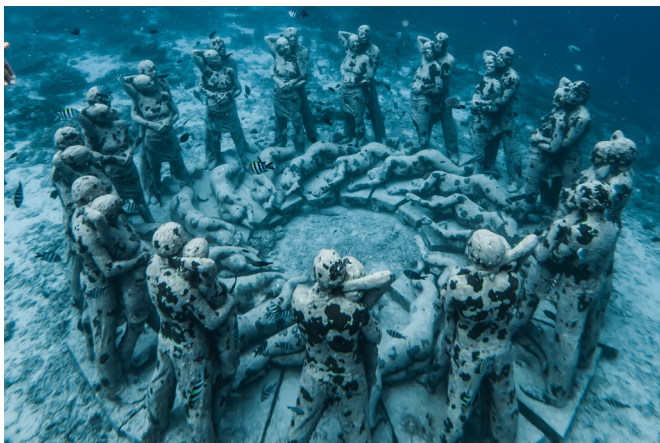
Walking tour in the temple, learning about the religion, history and culture.



Snorkeling, discover Gili's underwater.



Perfume lab experience.



Your carbon footprints in this trip (with flexible pax)



Transportation
1.05 tCO₂e



Accommodation
9.64 tCO₂e



Food and Beverages
0.14 tCO₂e



Snorkeling
0 tCO₂e



Perfume Lab Experience
0 tCO₂e



Average per Person
1.08 tCO₂e



Total Emissions
10.83 tCO₂e

Carbon Impact & Balancing



Total emission of
1.08 tCO₂e



Can be balanced
by planting 16
mangrove trees



Could prevent
shoreline loss due
to sea level rise
from Arctic ice melt

*lifespan 8 years

Trip Agenda



DAY
1

Arrival in Bali

Welcome to Bali, the “Island of the Gods,” where ancient Hindu traditions, art, and architecture have been beautifully preserved. Upon arriving at Ngurah Rai International Airport, you’ll be greeted by our Airport Assistance Representative. Your journey begins with a stay at the luxurious Four Seasons Resort in Jimbaran.

DAY
2

Jimbaran Leisure

Enjoy the day at leisure to recover from the jetlag.

DAY
3

Uluwatu Cliff, Jimbaran

In the evening, set off with a local guide to Uluwatu, a cliffside temple with stunning ocean views. Watch the sunset and enjoy a captivating Kecak dance performance. Then, head to Jimbaran Beach for a seaside dinner under the stars, followed by a relaxing stroll along the shore before returning to your hotel.

DAY
4

Jimbaran, Bali, Lombok

Pick up time: 09:30
After checking out, meet your guide for a transfer to Bali Airport for your onward flight. Upon arrival in Lombok, you’ll be greeted by a local guide and privately transferred to your hotel.

DAY
5

Lombok

Enjoy the day at leisure.

DAY
6

Lombok

Enjoy the day at leisure.

DAY
7

Lombok

Pick up time: 07:30

Embark on an enchanting Gili Tour, starting with a cruise from Lombok to the serene Gili Islands. First, visit Gili Meno, where you’ll ride in a cidomo, exploring the island’s quiet lanes and coconut farms. Stop for a refreshing drink before heading to the western shores for snorkeling in vibrant coral gardens. Continue to Gili Air for a beachfront lunch and a relaxing afternoon on the white sand beach. Afterward, return to Teluk Nara, stopping at Malimbu Hill to take in breathtaking views before arriving at your hotel in the late afternoon.

DAY
8

Lombok, Bali, Seminyak

After checking out, meet your guide for a transfer to Lombok Airport for your onward flight. Upon arrival in Bali, your local guide will greet you and arrange a private transfer to your hotel.



DAY 12 **B**

Sumba

Enjoy the day at leisure.

DAY 13 **B**

Sumba

Enjoy the day at leisure.

DAY 14 **B**

Sumba

Enjoy the day at leisure.

DAY 15 **B**

Sumba, Bali, Departure

Pick up time: 10:30.

After checking out, your guide will transfer you to Tambolaka Airport for your onward flight. Upon arrival in Bali, you'll be assisted with check-in for your international flight and then meet your local guide. Enjoy a relaxing Artisanal Tapas & Cocktails by the coast before heading to Bali Airport for your departure.

B Breakfast **L** Lunch **D** Dinner



DAY 9 **B D**

Seminyak, Perfume Lab Experience

Embark on a sensory journey with the Perfume Lab Experience, starting with a 15-minute walk to the Soap experience store in the heart of Seminyak. Here, you'll participate in a hands-on workshop led by expert perfumers, where you'll create your own personalized fragrance from a curated collection of high-quality ingredients. After crafting your unique scent, join a local guide for a culinary tour of Seminyak's vibrant Petitenget area. As the sun sets, ride a vintage Vespa to a beachside restaurant for cocktails and a fusion dinner of international and Indonesian cuisine. End the evening with dessert and wine, overlooking the ocean.

DAY 10 **B**

Seminyak

Enjoy the day at leisure.

DAY 11 **B L D**

Seminyak, Bali, Sumba

Pick up time: 08:30

After checking out, your guide will transfer you to Bali Airport for your onward flight. Upon arrival in Tambolaka, a local guide will meet you and provide a private transfer to your hotel.



Good to know:

- Leisure and relaxed pace of travel, yet explores several islands of Indonesia within 2 weeks. While slowing down on their holiday, we do not push the clients to stay "active" and alert all the time.
- Balance of luxury travel yet still exploring culture nature/adventure locally, i.e. luxury stay at The Oberoi Lombok combined with exploring the Gili island with horse cart.
- Promote the sustainable local supplier who handpicked their ingredients for creating your own original DIY souvenir, scent/perfume as clients' original and unique experience and product to carry back home.

Contact EXO TRAVEL

🌐 exotravel.com ✉ indonesia@exotravel.com
 ☎ +62 361 288821 🏠 Bali dan Yogyakarta



Wellness

Begin on a rejuvenating wellness journey designed to restore balance to your mind, body, and spirit amidst tranquil surroundings. Experience holistic therapies, mindfulness practices, and nourishing cuisine that together create a sanctuary of peace and well-being.

INDONESIAN WELLNESS JOURNEY

STRESS MANAGEMENT

 7D/6N



Tranquil Wellness Retreat: Eco-Friendly Stress Management in Ubud's Countryside

Escape to the serene countryside near Ubud, where wellness meets eco-conscious living. Immerse yourself in a stress management program designed to rejuvenate your mind, body, and spirit, all while surrounded by the natural beauty and tranquility of Balinese rural life. Experience this journey in the comfort and privacy of your own villa, where every moment is a step towards achieving your wellness goals in harmony with nature.

HIGHLIGHT ACTIVITIES



Stress Management Counseling (recording your condition before, during, and after the treatment).

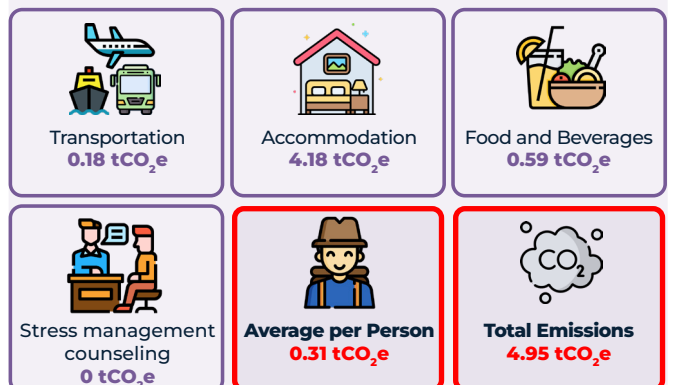


Beauty Treatment (refreshing your body with the beauty treatment that perform by the expert).



Private (calm your mind and thought with private guru).

Your carbon footprints in this trip (with maximum up to 16 pax)












Carbon Impact & Balancing



Trip Agenda



Package Inclusion

-  6 nights accommodation at Mahottama Villas.
-  Return airport transfers with English-speaking guide.
-  Consultation with resident Ayurveda doctor.
-  Follow up consultation during the retreat.
-  Healthy full board meals.
-  Twice-daily Ayurvedic treatment for stress management.
-  One time beauty treatment.
-  Daily private yoga and meditation.
-  Scheduled daily activities.



Good to know:

- Delivering high quality wellness treatment by combining medical and wellness treatment.



Connect to MrsGateway

 PlazaIndonesia Level 5 Unit E021AB

 helen@mrsgateway.com

INDONESIAN WELLNESS TRADITION (JAVA TO BALI)

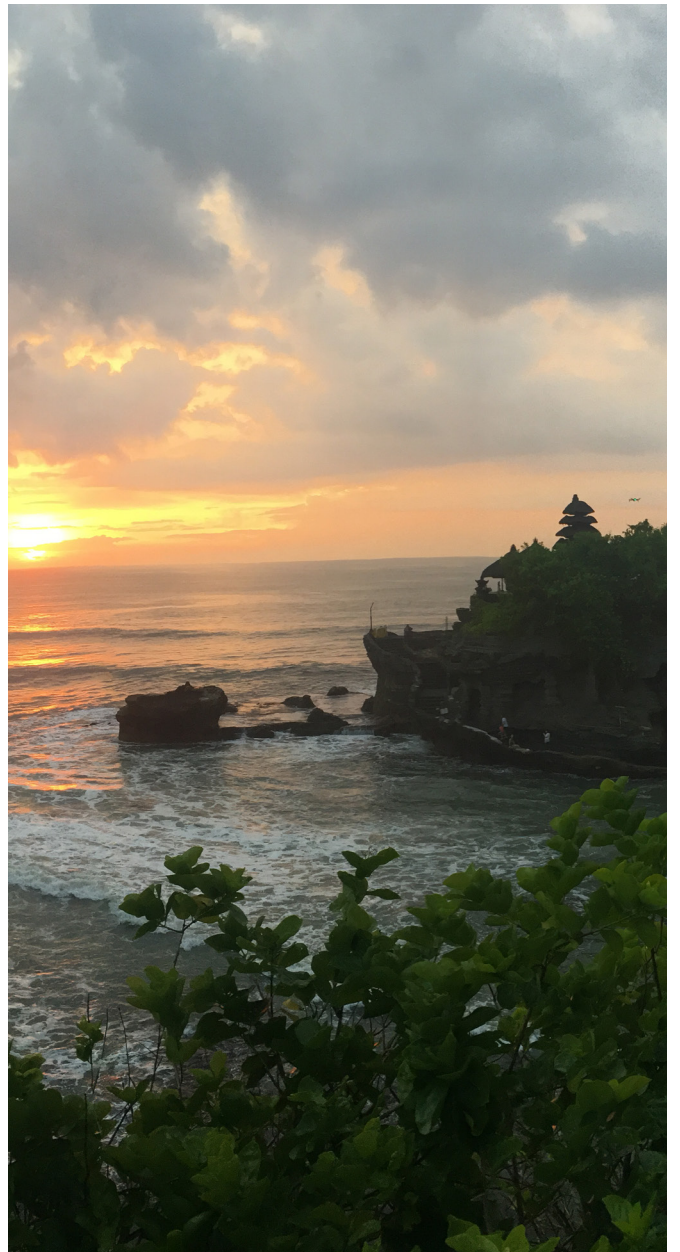
 10D/9N

Journey Through Indonesian Wellness: Traditional Healing Across Yogyakarta, Solo, and Bali

Follow the trails of the Indonesian wellness traditions in three unique destinations; Yogyakarta, Solo, and Bali. Immerse yourselves in multi-dimensional wellness programs, savor the vibrant cultures and traditional wisdoms of Java and Bali, and relax in breathtaking natural settings.







HIGHLIGHT ACTIVITIES

-  Plant-Based Cooking Introduction (discover the health benefit of plant-based cuisine through a cooking demonstration).
-  Jamu Herbal Drink (experience how the tradition of Jamu Herbal and delivered traditions evolving).
-  Balinese Dance and Gamelan Lesson (integral to their daily life).
-  Trekking The UNESCO Trails (Trek one of the most breathtaking natural sports in Bali, The Besi Kalung – Jatiluwih Trail).
-  A holistic wellness experience integrating the elements of invaluable local wisdom.






Your carbon footprints in this trip

(with maximum up to 16 pax)

 Transportation 0.18 tCO ₂ e	 Accommodation 4.18 tCO ₂ e	 Food and Beverages 0.59 tCO ₂ e
 Plant-Based Cooking 0.00051 tCO ₂ e	 Average per Person 0.31 tCO ₂ e	 Total Emissions 4.95 tCO ₂ e

Carbon Impact & Balancing

 Total emission of 0.46 tCO ₂ e	 Can be balanced by planting 7 mangrove trees <small>*lifespan 8 years</small>	 Could prevent shoreline loss due to sea level rise from Arctic ice melt
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Trip Agenda



Borobudur



Pura Mangkunagaran

Tawangmangu

Rumah Atsiri Indonesia

Agradaya

Spa Treatment By Nur Kadhatyan
Yogyakarta



Batik workshop at Girilayu Village

First-hand experience with the women artisans of the village - once under direct patronage from The Royal Mangkunegaran Courts, who proudly continue to preserve the Batik Art, now listed as UNESCO world heritage.



Introduction to Beksan Yoga-Jawa

A holistic wellness exercise aimed to reach a spiritual connection between human, nature, and The Creator through movements of Javanese dance, breathwork, rhythmic harmony, focus, and meditation.

Bali (5 Nights)



Taman Usada

Taro



Sababay Winery

Moksa Ubud

Melukat

Yogyakarta (2 Nights)



Borobudur Temple

Rich in philosophical wisdom, the narrative on the wall panels reliefs of the 8th century Buddhist Temple also contain legacy of indigenous Indonesian wellness heritage.



The Agradaya Experience

Excellent example of timeless ancient traditions evolving in contemporary Javanese life. Experience how the tradition of Jamu herbal drink produced and delivered with modern scientific approach.



Royal Javanese Spa Treatment By Nur Kadhatyan

Immerse into the tradition of Javanese beauty, health, and wellness treatment, once reserved only for the Royal families.

Solo (2 Nights)



Pura Mangkunegaran Palace

The iconic 18th Century Palace is one of the main pillars for the preservation of The Javanese culture and wellness tradition.



Aromatic Wellness Experience by Rumah Atsiri Indonesia

Multi-dimensional wellness activities on the highland of Tawangmangu. Selected programs include The Essential Oil Museum visit, Aromatic Garden Tour, Mindfulness Tisane workshop, Nature Trekking.



Wellness Day at Taman Usada Bali

A holistic wellness day experience integrating the elements of invaluable local wisdom, timeless healing tradition, and the ancient secret of Balinese medicinal plants. The experience includes Holistic Healing Counseling, Yoga & Meditation, Medicinal Garden Discovery, Choice of Healing therapy or Purification Ritual, Healthy & tasty lunch.



Plant-based cooking introduction

Discover the health benefit of plant-based cuisine through a cooking demonstration by Chef Made of Moksa Ubud Restaurant. Start the day with the visit of the organic garden and end with a delicious healthy lunch.



Wine-down at Sababay Winery

The increasingly popular Sababay Winery is an establishment with a mission to empower the formerly under-privileged women farmers of Bali. The late afternoon visit combines an educational experience of the winery tour and the curious wine pairing with local food while enjoying a relaxing moment in their garden.



Chasing Waterfalls

Discover the island's hidden natural beauty through this physically active experience. Trek through lush tropical vegetations and spice plants to reach some of the Bali's most breathtaking waterfalls.



The Fireflies Contemplation

Enjoy a contemplative evening amongst the flickering light of the fireflies in one of Bali's most ancient village. Found in abundance only in areas with zero or little pollution, their existence is a testimony of the harmonious living between humans and the environment.



Mindfulness Activities; Yoga & Meditation

Exercise the balance of your body, mind, and soul through scheduled yoga and meditation during your day retreat or as scheduled by your hotel.



Balinese Dance and Gamelan Lesson

Integral to their daily life, Balinese learn to master the dance and gamelan since the early-age. Apart from its entertainment function, they are essential in accompanying the endless Balinese religious ceremonies. A master in Balinese dance and Gamelan music will share the insight of the function of the instrument, basic playing technique and movement of the Balinese dances.



Water Blessing (Melukat)

The Thousand-year-old ritual is still commonly practiced in Bali. The water purification aims to restore the person's state of physical and spiritual balance. Led by a priest, this immersive experience will bring you deep into the island's timeless cultural and wellness tradition.



Good to know:

- Preserving the richness of Indonesian wellness products by experiencing the touch of local products.
- Work closely with the locals wellness practitioners.



Connect to MrsGateway



PlazaIndonesia Level 5 Unit E021AB



helen@mrsgateway.com

Every step Matters

From Indonesia to the World

Indonesia's greatest treasure is its stunning natural beauty. Together, we can create a brighter future through meaningful action. **Every step** toward sustainability **matters**, so let's take that leap today.

Choose the right travel partners to ensure your contribution is impactful.





**Directorate of Special Interest Tourism
Deputy of Tourism Product and Events
Ministry of Tourism and Creative Economy/ Tourism and Creative Economy Agency
Republic of Indonesia**

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